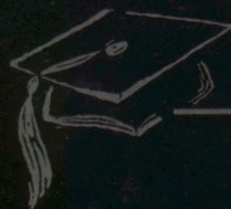


sagitta 2004

a picture is worth



2004 words



*A Picture is  
Worth...*

20





... *Words*





# Class of 2004

**"Don't cry because it's over...*smile*  
because it *happened*."**

**- Anonymous**



Suffield High School  
1060 Sheldon Street  
West Suffield, Connecticut 06093  
(860) 668-3810  
[www.suffield.org/highschool](http://www.suffield.org/highschool)





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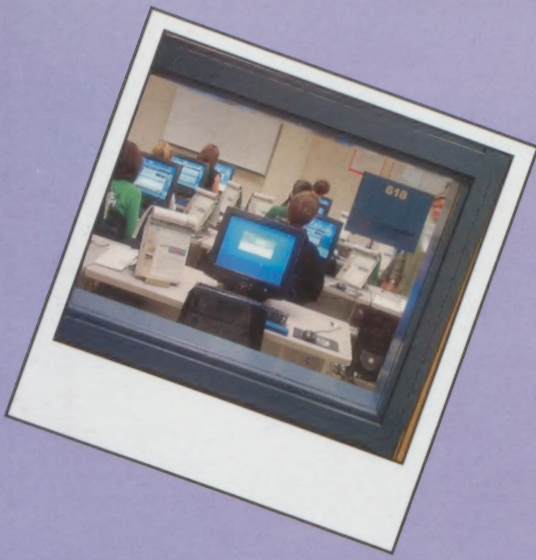
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# In Memory Of...



Joey



Thank you for dedicating this yearbook to our son Joey, a member of the Class of 2004 who passed away during freshman year while waiting for a heart-lung transplant.

Joey was very intelligent, a friend to many, and had a great passion for baseball. Our memories of him unfortunately are frozen in time: collecting baseball cards, playing Little League with his friends, cheering for his beloved Yankees, and his dream of one day playing professional baseball. Now, four short years later, the Class of 2004 is moving on to careers, college, and families of your own. However, please remember how much Joey taught us about grace and courage by the way he faced life's darkest moments. You would honor Joey's memory best by following your dreams and making the most of the gift of each day.



~The Parise Family



# *Presenting The Class of 2004....*

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John Albert Adams



It's hard to be humble when you're as great as I am. -Ali

Benjamin Edward Adams



You remind me of a poem I don't quite remember, and a song that may have never existed, and a place I'm not sure I've ever been...

Elyse Kelley Baker



In three words I can sum up everything I've learned about my life: It goes on. -Robert Frost

Brian John Barao



Follow your inclinations with due regard to the police officer around the corner.

Katherine Louise Bartus



Dream until your dreams come true. -Unknown

Aaron David Bernstein



It's only after you've lost everything that you're free to do anything. -Tyler Durden (Fight Club)

Megan Brenna Betts



The glory of the sea was at your door; And all those quiet stars were in your sky. -Alfred Noyes

Benjamin John Bielanko



Pain is temporary, trophies last forever. -Unknown

Brittany Lee Bissonnette



Shoot for the moon. Even if you miss, you'll land among the stars! -Les Brown

Michelle Lee Bomers



Good judgement comes from experience, and often experience comes from bad judgement. -Rita Mae Brown

Maribeth Alice Boyd



It takes wisdom to understand wisdom: The music is nothing if the audience is deaf. -Unknown

Eric Christopher Brefort



Minds are like parachutes. They only function when they are open. -Unknown

Rebecca Isabella Brown



I'll remember the things I did for awhile, but the friends I did them with forever. -Unknown

Jeannette Lynn Burke



Our greatest glory is not in never failing, but in rising up every time we fail. -Ralph Waldo Emerson

Danielle Manchester Caldwell



I believe in myself, that makes me stronger. Things change, so have I. You can clip my wings, I'm still gonna fly. -J. Andrews

Matthew Joseph Calkins



It is not enough to succeed. Others must fail. -George Vidal

Brooke Elizabeth Carberry



Two roads diverged in a wood, and I took the one less traveled by and that has made all the difference. -Robert Frost



Carolyn Alycia Carleton



Dance as if no one is watching, Love  
as if you've never been hurt before  
& live like there's no tomorrow.  
-Unknown

Caitlin Castle-Smith



Do what you feel in your heart to  
be right - for you'll be criticized  
anyway. -Eleanor Roosevelt

Joseph Patrick Cavallaro



Don't go where the path may lead,  
but go instead where there is no path  
and leave a trail -R.W.Emerson

Mark Scott Cecere



Mark Andrew Chaplin



Renee Kristine Chmiel



I've always looked for the perfect  
life to step into but no matter what,  
I'm still me. -Layne Staley

E.J. Clark



All things eventually come to he  
who patiently waits. -Unknown

Scott Erik Cohen



Every man dies, not every man  
really lives. -Braveheart

Leah B. Collins



Live fast, Die young.  
-Unknown

Patrick Allen Collins



Matthew John Connelly



The future is no place to place your  
better days. -Dave Matthews

Arnold Richard Craven



In life you are alone, please, when they  
weren't, the lucky ones get lost in life,  
the others die. -Original

Brent Creighton



The only way to discover the  
limits of the possible is to go  
beyond them to the impossible.  
-Arthur C. Clark

Michelle Marie Cummings



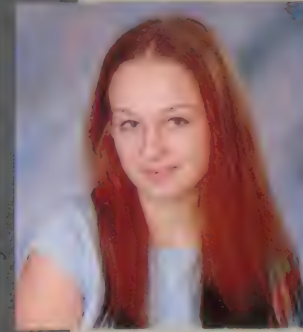
I wasn't born with enough  
middle fingers. -Marilyn Manson

Caitlin Kelly Daley



You will heal yourself when the rain  
begins to fall. Feel the fire burning  
inside us all. -Boy Hits Car

Kelly Christine Dansereau





Adam Samuel Davidson



Knowledge speaks, but wisdom listens. -Jimi Hendrix

Christina Marie Dell Aquil



The only thing that opens your eyes is the things you weren't expecting to see before. -Will Hunting

Benjamin Michel Denno



This is your life and it's ending one minute at a time. -Unknown

Melissa Lynn Devenero



Find something to die for, and live for it. -Unknown

Natale Marie Inack



Question Authority. -Unknown

Matthew Duncan Dombrowski



Erica Lynn Donnelly



From now on, I'll connect the dots my own way. -Calvin

Joel David Doran



Brian Kenneth Duncan



Show me a guy who's afraid to look bad and I'll show you a guy you can beat every time. -Lou Brock

Erik Egan



Amanda Leigh Dupuis



Your life is made of years that mean nothing and moments that mean it all. -Unknown

Jennifer Lynne Dzioba



The best way to love is to love like you've never been hurt. -Unknown

Robert Joseph Fahrenholz



We all have characters and we know the parts we play we're actors and actresses that's all. -Cooter

Timothy Patric Fasano



Democracy is a system of self-determination: It's the right to make the wrong choice. -John Patrick

Benjamin Storer Field



Fear me like you fear God because I bring death. -G-Unit

Christopher James Fusick



One more road to cross, one more risk to take, gotta live my life, like theres one more move to make. -DMX

Adam Matthew Gabel



Good, bad, or indifferent, ya get what ya get. -Unknown

Matthew James Gallo



Try not to become a man of success, But rather try to become a man of value. -Albert Einstein



Katherine McCormick Gates



In three words I can sum up everything I have learned about life: 'It goes on.' -Robert Frost

Marissa Anne Giallanza



Forget regret, or life is yours to miss. -Rent

Sarah-Jean Marien Griffin



Go confidently in the direction of your dreams. Live the life you have imagined. -Henry David Thoreau

Jessica Hall



Leigha Kayleen Hancock



People always want life to run smoothly but the truth is its the mistakes that make it interesting. -D. Creek

Caitlin Mary Heath



Patrick Charles Herring



Sonia Kareen Hill



Corey Jake Hinckley



Opportunity is missed by most people because it is dressed in overalls and looks like work. -Thomas Edison

David Johannes Hoogewerff



1141591153589793238462643383279502884  
197169399375105820974944592307816406286  
2069986280348253421170679821480 "Pi"

Craig William Hunter



All men who have achieved great things have been great dreamers. -Orison Swett Marden

Samuel Alexander Janik



From the heart, from the soul. Small town pride is all I know. -River City Rebels

Kira Ann Kilosky



Expectations are the demons of disappointment. -Ed Kilosky "My Dad"

William Edward Kingman





Justin Matthew Kimbrell



I just wanna live my life, Every day  
a celebration. -Eminem  
Tooki Tooki, Kacaw Kacaw

Lisa Marie Kis



It's always scary,  
and it's always sad, but it's  
that in the middle that makes it  
so worthwhile. -Hope Floats

Michael Paul Koistinen



Over? Did you say over?  
Nothing is over until we decide  
it is. -Bluthe Animal House

Michael Anthony Kuzmickis



Carolyn Mae Kviat



It's not about the thing you're  
looking forward to already. The  
thing is just like you. -Transporting

Janice Marie Langer



If you wish to be loved, show  
more of your faults than your  
virtues. -Bulwer Lytton

Kristi Leigh Laprade



Saying no to something is actually  
much more powerful than saying  
yes. -Tom Hanks

Jacqueline Elizabeth Lewis



Do not go where the path may  
lead, go instead where there is no  
path and leave a trail.  
-Emerson

Michele Judith Longhi



It's easier to ask for forgiveness  
than for permission. -Unknown

Savannah Jean Lynch



Deal the past, live the present,  
dream the future. -Unknown

Jana Beth Lynch



Go confidently in the direction of  
your dreams. Live the life you have  
imagined. -Unknown

Michael Ryan Maagero



I don't have a message. My  
message is my life.

Allison Lynn Macari



To the world you may be just one  
person, but to one person you may  
be the world. -Unknown

Shannen Marie Macari



Morgan Kelsey MacDonnell



It's not what you have in life but  
who you have that matters.  
-Unknown

Ryan Leo MacGillivray



It's only life. -Morley Crue

Sarah Rose MacNeely



Be crazy, have fun, and live your  
life. -Original



*Richard J. Madden*



Regrets are worthless. They misconstrue the past in sight and sound. -Midtown

*Kathleen Margaret Maher*



Once in a while you will be shown delight in the strangest places if you look at them right. -Grateful Dead

*Jenna Kerr Mark*



We have eyes in front of our heads for a reason: Look ahead not behind. -Unknown

*Amanda Ruth Martin*



Success is not final, failure is not fatal it is courage to continue that counts. -Winston Churchill

*Thomas Vincent Martin*



*Amy Marie Mason*



We cannot direct the wind but we can adjust the sail. -Unknown

*Jessica Michelle Masso*



Look at its everything, let your hook always be cast in the stream where you least expect there will be fish. -Ovid

*Dominic Edward Mathieu*



*Curtis Daniel McCloud*



Have a better time than most can dream. -DMB

*Daniel Charles McElaney*



The more I learn, the more I learn how little I know. -Socrates

*Erin Elizabeth McMurray*



It was high counsel I once heard... Always do what you are afraid to do. -Emerson

*Alex Philip Merrill*



All's fair in love and basketball. -Bob Knight

*Amanda Leigh Morris*



It's kinda fun doing the impossible. -Walt Disney

*Anthony Joseph Myers*



The only limitations you have are the ones you impose on yourself. -Unknown

*Jamie Marie Neilson*



When you have completed 95% of your journey you are halfway there. -Japanese proverb

*Courtney Anne O'Brien*



Immerse your soul in love. -Rudyard Kipling



Heather Deegha O'Hara



Living like life's going the  
style. -Fall Out Boy

Patricia Joy Olier



Friendship is the only cement  
that will ever hold the world  
together. -Woodrow Wilson

Leah Marie Olmoz



When everyone is making fun of  
you, you're doing it right. You're  
on the right track. -John Cusack

Bethany Jean Onwiczki



Tyler Dean Pearsons



Cassandra Marie Pease



There's no point in growing up if  
you can't be childless sometimes.  
-Doctor Who

James Thomas Pease



Neither dark or light, neither day or  
night. Of twilight and shadows, they  
are The Grey, and you?

Jennifer Ashley Perbroth



The best dreams happen when  
you're awake. -Unknown

Michael Jason Puchan



Brittany Nicole Rabideau



Time passes... Will you?  
-Dr. Michael Duni

Jessica K Rafalowski



Risks must be taken, because the  
greatest hazard in life is to put  
nothing on the line. -Unknown

Paul Bernard Rago



Melissa Marlon Rancourt



There is no right or wrong, just the  
consequences of your actions.  
-Unknown

Emily Michelle Reeves



You gotta keep reaching for those  
unreachable stars.  
-Mrs. Hoffacker

Zachary Michael Rheault



Reading goes quickly when you  
don't stop to comprehend.  
-Scott Adam

Bethany Colleen Roy



I can do all things through  
Christ that strengthens me Satan  
is a nerd. -Glyasdi



Christina Marie Ruggiero



Sweetheart you'll find... mediocre people do exceptional things all the time. -OK GO

Joseph Michael Ruotolo



If you have one good friend in your life, you're doing well. -Boy Meets World

Jeffrey Sandra



Very little is needed to make a happy life. It is all within yourself, in your way of thinking. -Marcus Aurelius

Karen Elaine Saunders



The words you say never live up to the words in your head. -Chris Cornell

Kassandra Ann Scheitlin



Look for the rainbow in every storm. -Spice Girls

Nicholas William Secareccia



We make a living by what we get, but we make a life by what we give. -Winston Churchill

Jamie Melissa Shankman



In spite of everything I still believe that people are really good at heart. -Anne Frank

Ajay Manchar Shetty



...the human suffering - I see it in people's faces every time I open my mouth. -Unknown

Kyrie Lee Shimmel



In the end you always go back to the people that were there in the beginning. -Dawson's Creek

Allison Marie Silber



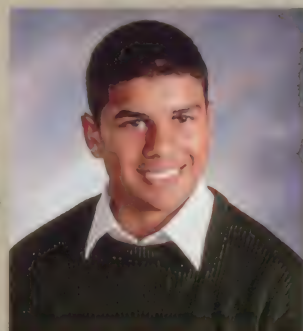
When I drive myself, my light is found. So whatever tomorrow brings I'll be there. -Incubus

Ryan Sinder



All those who believe in telekinesis, raise my hand. -Steven Wright

Roger Sircar



Clyant Edwin Sirois



In life you have many paths and choices. If you follow your heart, it will always make you happy. -Original

Kellie Ann Sobinski



...three words I can sum up everything I've learned about life: it goes on. -Robert Frost

Jesse Edward Soloshun



Opportunity is missed by most people because it is dressed in overalls and looks like work. -Thomas Edison

Kassie J Soni



Total absence of humor renders life impossible. -Anonymous

Anna Elizabeth Spadorcia



Dan Jeffrey Spelman





Joshua Ethan Strouth



What we do in life, echoes in eternity. -General Mordant

Ethan Jones Sullivan



Kristen Leigh Taravella



A real friend is one who walks in when the rest of the world walks out. -Walter Winchell

Clare K. Tarascione



Quotes are for those who can't speak for themselves. -Original

Meghan Alyssa Thompson



Always be happy, but never be satisfied. -Aristotle

Jessica Torone



Just smile.

Catherine Valeria Thresher



Enjoy when you can, and endure when you must. -Goethe

Jacqueline Tittarelli



Rachael E. Tive



Trabajo como un perro, dinero, Amore como un set stato ferrito. Et danse comme personne regarde. -Original

Michael James Trombly



Never interrupt your enemy when he is making a mistake. -Napoleon

Katherine Ann Tumsky



I try to learn from the past, but I plan for the future by focusing exclusively on the present. That's where the fun is. -Donald Trump

Thomas Turkowski



Joseph Michael Tyman



I just want to win (as a team). That's my only challenge left. That's my pride. -Pedro Martinez

Jenna S. Vallance



Congratulations, you won the world. -Onlinedrawing

Brittany Marie Walker



In the blink of an eye, you can lose it all... with the beat of your heart, you can get it all back. -B.M.W.

Edward James Walsh





Jeffrey Benjamin Walsh



Think to yourself that every day is your last. The art to which you do not look forward will come as a welcomed surprise. -Hannibal Lecter

Cory Steven Weathers



You're only young once, but you can be immature forever. -Larry Andersen

Ryan Joseph Wenzel



The best way to predict the future is to invent it. -Alan Kay

Adam Robert West



I don't know the key to success, but the key to failure is trying to please everybody. -Bill Cosby

Garrett John Whitman



I live for the nights I'll never remember with the friends I'll never forget. -Unknown

Johnathan Patrick Wiegand



You didn't come here to make a choice. You've already made it. You're here to try to understand why you made it. -The Matrix Reloaded

Julie Wittenzellner



No man can make you feel inferior without your consent. -Eleanor Roosevelt

Jennifer Lynn Wood



You do your thing & I do mine. You are you & I am I & if in the end we end up together, it's beautiful. -Unknown

Caitlin Eleanor Woods



My choice is what I choose to do. If I'm causing no harm than it shouldn't bother you. Your choice is who you choose to be. If you're causing no harm than you're alright with me.

Gregory Michael Wohel



Good times, bad times, you know I've had my share. -Led Zepplin

Matthew Robert Zaczynski



Baseball is dull only to dull minds. -Red Barber

Matthew Alan Zyniak



It is only until we have lost everything, that we are truly free to do anything. -Unknown

Camera Shy:

Carshena Dawn Hales  
Mark Andrew Halse  
Christopher O'Dell  
Carmen Lucarz  
Aren Lavell Mitchell  
Michael Francis Sullivan  
Louis Arthur Taylor  
Franziska Elisabeth Weber  
Krystal Miskin  
Daniel Unsderfer



# bestbest Moments bestbestbest



**W**ouldn't it be great if the weekends were five days long and the school weeks were two days? For some of us, we have hung out with the same people since Junior High School. Now that senior year has come around, thirty six weekends just doesn't seem like enough. Was it

participating in Spirit Night, Theatre, Giraffe Club, the Debate team, after school sports, Volleyball Marathon, Senior skip day, or receiving all the A's that you wanted, that made this year worth while? The four years sped by so quickly. Hopefully everyone was able to learn what is most important to them. It's not what you did, but who you did it with. A few yearbook pages couldn't capture all of the "best" moments from the past four years, but maybe when you are older and looking back into that dusted Yearbook, you will see these pictures, remember the moment, and keep it shining.



**Left:**

Tara Lynch is enjoying a nice ride on her horse.

**Middle:**

Marissa Giallanza, Ben Adams, Kelly Dansereau and Karen Saunders have a great time dancing together.

**Right:**

Katie Bartus and Cathy Olier spend a day at the beach.

Leah Collins and Kira Kilosky

Tim Fasano and Brian Barao

Amanda Dupuis, Leigha Hancock and Lisa Kis

Pat Roberts, Erin McMurray, Renee Chmiel and Tony Myers







Bethel Gangone and Caitlin Daley



Joe Cavallaro and Corey Hinckley



Katie Gates and Megan Thompson



Caitlin Heath, Craig Hunter, and  
Jen Dzioba

Everyone has a "Never have I ever" story. Whether it was an instance on Freshman Friday, a fumble at the "big" game, or maybe a time when you got tripped by your best friend, and fell flat on your face in front of the cutest guy in school. At the time, none of these things were funny. But when you're sitting down with your friends just hanging out and reminiscing, some of those "remember when's" are the funniest things in the world. When someone messes up or makes a mistake, it's kind of funny to the other people watching. I remember a time when I saw someone fall in the stream during Environmental Science. I nearly peed my pants laughing. But I also felt bad for him and tried not to let him notice I was laughing. Four months passed and he sat in class laughing with us. Good thing I didn't have

my camera with me.

Blackmail, cruelty, call it what you want, but we did catch some embarrassing moments on camera!



**Left:**

Curt  
McCloud and  
Matt Baker dress  
up for fun!

**Middle:** Carle

Carleton and Kassie  
Scheitlin dealing with  
Freshmen traditions.

**Right:** Chris Fusick shares

McCloud and Baker's enthusiasm.

# mostmost Embarrassing mostmostmost

what get you from one good snap shot to the next." ~Just Married





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*The Way  
You Look Tonight*



As shown by the Senior Survey, Prom is the event of the year that everyone looks forward to. From the butterflies from being asked, to the chaos in finding the "perfect" dress, and the matching tuxedo, down to the endless hours of flipping through magazines for the "perfect" hairstyle, and the time spent getting nails done to coordinate with the dress, and, of course, finally down to the freshest, most beautiful flowers. Prom is chaotic, stressful, and time consuming, but above all, Prom is exhilarating, fun, and unforgettable. This year Prom was held at Chez Josef in Agawam, Massachusetts. Everyone came together and looked gorgeous, making it a huge success, and an experience that everyone will always remember!



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## The Real Facts

**How much money did you spend?**

Guys - \$100 - 150  
Girls - \$250 - 300

**How did you arrive at prom?**

Guys - Car  
Girls - Car

**How long did it take to get ready?**

Guys - 15 Minutes  
Girls - 3 1/2 Hours





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3



## of Prom

How long did it take to  
pick out your tux/dress?

Guys - 15 Minutes

Girls - One Day

What did you do  
after prom?

Guys - Party

Girls - Party

### Top Left to Right:

Kayla Fahey, Ashley Flemming, Erin McHugh, Nina Caruso, Whitney Tagliavini & Sarah Padegimas, Chris Bromson & Laura Chaplin, Jenna Mark & Jen Dzioba, Cory Hinckley & Joe Cavallaro, Chelsea Donahue & Cory Weathers

### Middle Left to Right:

Jay Adamczyk, Garrett Whitman, Matt Baker, Matt Gallo, Nick Seccareccia & Matt Connelly, Michelle Bowers & Becky Brown, Kelly Sobinski, Catherine Thresher, Kristi Laprade, Michelle Longhi, Rachel Toce, Jessica Torone, Brian Duncan, Dave Hoogerwerff, Brent Creighton & Clyant Sirois

### Bottom Left to Right:

Sonia Hill & Chris Brefort, Jen Periroth & Ben Denno, Jessica Hall, Katie Bartus, Morgan MacDowell & Amy Spadorcia, Ed Walsh & Cari Carleton, Mike Trombly & April Morrison



# Credits



Elyse Baker & Amanda Martin

Tara Lynch

Aaron Bernstein

Megan Betts

Ben Bielanko



Danielle Caldwell

Brooke Carberry

Cari Carleton

Caitlin Castle-Smith

Joe Cavallaro



Renee Chmiel

Matt Connelly

Brent Creighton

Kristi Laprade

Erica Donnelly



Brian Duncan

Jen Dzioba

Adam Gabel

Sarah Griffin

Corey Hinckley



David Hoogewerff

Sam Janik

Justin Kirchmeier

Lisa Kis

Mike Koistinen



Michelle Bowers, Kassie Scheitlin,  
& Meghan Thompson



Becky Brown & Jess Rafalowski



Ben Denno



Adam Davidson, Matt Gallo, &  
Nick Sercarecia



Christina Dell'Aquila, Amanda  
Dupuis, Lisa Kis, & Kyrle Shimmel



Amanda Dupuis

Jay Adamczyk - Freshman Basketball, Varsity Basketball (2,3,4), JV Soccer (1), Varsity Golf (1,2,3,4)  
Ben Adams - Ski Club (1,2,3,4), Mt. Bike Team (2,3,4)  
Elyse Baker - JV Cheerleading (1), Varsity Cheerleading (2)  
Brian Barao - Suffield Police Explorers (1,2,3,4)  
Aaron Bernstein - Ski Club (1,2,3), Giraffe Club (1,2,3), Student Council (2,3,4), Student Senate (2,3)  
Megan Betts - Swim Team (1,2,3,4), *Once Upon a Mattress* (2)  
Ben Bielanko - JV Hockey (1,2), Varsity Hockey (3,4), Track (1,2,3,4)  
Michelle Bowers - Varsity Field Hockey (1,2,3,4), JV Basketball (1,2), Spirit Night (2,3,4)  
Rebecca Brown - Gymnastics (1,2), Diving (2,3,4), Spirit Night (2,4), NHS (2,3,4), Prom Committee (4)  
Jeanette Burke - JV Softball (1), Varsity Softball (2,3,4)  
Danielle Caldwell - Swim Team (1,2), Girls Lacrosse (1), Spirit Night (2,3,4), Semi Committee (3,4), Prom Committee (4)  
Brooke Carberry - Swim Team (2), Band (4)  
Cari Carleton - Varsity Field Hockey (1,2,3,4), Varsity Cheerleading (1,2), Spirit Night (2,3,4)  
Caitlin Castle-Smith - NHS (2,3,4), Student Senate (3), Student Council (2,3,4), Class President (4)  
Joe Cavallaro - Varsity Lacrosse (1,2,3,4), Cross Country (1,2), Ski Club (1,2,3), Indoor Track (1), Spirit Night (3,4)  
Renee Chmiel - JV Basketball (1), JV Field Hockey (1), School Newspaper (3,4), Students Helping Society (2,3,4), Class Council (1,2), Yearbook (3,4)  
Leah Collins - Varsity Field Hockey (2), Varsity Tennis (2)  
Pat Collins - JV Soccer (1,2), Varsity Soccer (3,4), Freshman Basketball  
Matt Connelly - JV Soccer (1), Varsity Soccer (2,3,4), NHS (3,4), *Captain* Varsity Soccer (3,4)  
Arnold Craven - Freshman Basketball, JV Basketball (2,3), *Once Upon A Mattress* (2), *The Hobbit* (3), *Finian's Rainbow* (3)  
Brent Creighton - Varsity Tennis (2,3,4), FFA (1,2,3,4)  
Caitlin Daley - JV Soccer (1,2), Varsity Dance Team (1,2,3), Track Team (1)  
Adam Davidson - JV Soccer (1), Varsity Soccer (2,3,4), Varsity Tennis (2,3,4)  
Christina Dell'Aquila - JV Soccer (1,2), Varsity Soccer (3,4), Track (1,2,3,4), Indoor Track (1,2,3,4), Ski Club (1,2), Semi-Formal Committee (3,4), Prom Committee (4), Spirit Night (2,3,4), Yearbook (3,4)  
Ben Denno - Varsity Hockey (1,2,3,4), Varsity Lacrosse (2,3,4), Yearbook (3,4)  
Melissa Devenero - JV Cheerleading (1,2)  
Erica Donnelly - JV Cheerleading (1), Varsity Cheerleading (2), Ski Club (3)  
Brian Duncan - JV Football (1), Varsity Football (2), JV Baseball (1), Varsity Baseball (2,3,4)



**Amanda Dupuis** - JV Basketball (1,2,3), Varsity Basketball (4), Swim Team (2,3,4), JV Softball (1), Prom Committee (4), Spirit Night (1,2,3,4), Yearbook (3,4)  
**Jen Dzloba** - Spirit Night (2)  
**Tim Fasano** - Track (1), NHS (3,4), Suffield Police Explorers, Suffield Volunteer Ambulance, Suffield Fire Explorers (1,2,3,4), Tean Theater (2,3,4), As Schools Match Wits (1,2,3,4), Student Senate (1,2)  
**Robert Fahrenholz** - Cross Country (1), Indoor Track (2,3,4), Tennis (1,2,3,4), Student Senate (1,2), Student Activity Board (1,3,4)  
**Chris Fusick** - Varsity Hockey (1,2,3,4), Varsity Lacrosse (2), Captain Varsity Hockey (4), Yearbook (3,4)  
**Adam Gabel** - Varsity Lacrosse (2,3,4)  
**Matt Gallo** - JV Soccer (1,2), Varsity Soccer (3,4), Varsity Lacrosse (2), Varsity Tennis (3,4), Student Council (3,4)  
**Katie Gates** - Varsity Soccer (1,2,3,4), JV Basketball (1), Varsity Basketball (2,3,4), Track (2,3,4), Captain Varsity Soccer (4), Yearbook (3,4)  
**Melissa Giallanza** - FFA (1,2,3,4), Interact Club (3,4)  
**Sarah Griffin** - JV Basketball (1,2), Varsity Basketball (3,4), Golf Team (1,2,3,4), NHS (2,3,4), Giraffe Club (1,2,3,4), Band (1,2), FFA Officer (2,3,4)  
**Mark Haise** - JV Football (2), Anime Club  
**Leigha Hancock** - Spirit Night (2,3,4), Yearbook (3,4)  
**Caitlin Heath** - JV Soccer (1,2,3), Varsity Soccer (4), JV Basketball (1,2), Spirit Night (1,2), Captain JV Soccer (1,2,3)  
**Sonia Hill** - Varsity Cheerleading (2,4), Cross Country (1), Indoor Track (1,2,3,4), Track (1,2,3,4), Multiculture Committee (2,3,4)  
**Corey Hinckley** - Varsity Hockey (1,2,3,4), Varsity Lacrosse (2,3,4), Spirit Night (3), Captain Varsity Hockey (4)  
**David Hoogewerff** - JV Football (1), Indoor Track (1,2,3,4), Tennis (2,3,4), Students Helping Society (4), Math Team (2,3,4), Captain Tennis (3,4)  
**Craig Hunter** - JV Soccer (1), Varsity Soccer (2,3,4), Track 3,4, Indoor Track (4)  
**Sam Janik** - JV Baseball (1,2), Varsity Baseball (3,4), Varsity Hockey (3,4)  
**Billy Kingman** - JV Soccer (1), JV Baseball (1), Varsity Soccer (2,3,4), Varsity Baseball (2,3,4), Varsity Wrestling (3,4)  
**Justin Kirchmeier** - JV Soccer (1,2), Varsity Soccer (3,4), Freshman Basketball  
**Lisa Kis** - Cross Country (1,2), JV Basketball (1), Varsity Basketball (2,3,4), Track (1,2), Diving (3,4), Spirit Night (2,3,4), Prom Committee (4), Yearbook (3,4)  
**Mike Koistinen** - JV Football (1), Varsity Football (2,3,4), JV Baseball (1,3), Varsity Baseball (4)  
**Carolyn Kwiat** - Student Senate (2)  
**Kristi Laprade** - Varsity Dance Team (3), JV Softball (3)  
**Jackie Lewis** - Varsity Field Hockey (1), Varsity Tennis (1,2,3), NHS (2,3,4), Math Team (2,3), Student Senate (2,3,4), FFA (1,2,3,4), Camerata (2,3,4), FFA Officer (2,3,4)  
**Michelle Longhi** - FFA (1,2,3,4)  
**Savanna Lynch** - Varsity Cheerleading (2), FFA (1,2)  
**Mike Maagero** - JV Soccer (1), Varsity Hockey (1,2,3,4), Varsity Lacrosse (2,3,4), Student Senate (3,4)  
**Morgan MacDowell** - Varsity Cheerleading (2), JV Softball (2)  
**Richard Madden** - JV Football (1), Varsity Football (1,2,3,4), Track (1,2,3,4)  
**Jenna Mark** - JV Cheerleading (1), Varsity Cheerleading (2)

Katie Maher



Jen Periroth

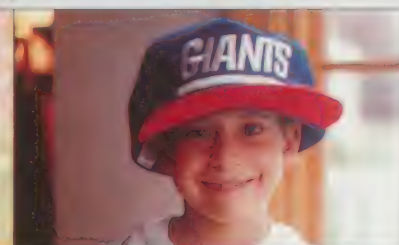
Katie Gates



Matt Gallo



Leigha Hancock



Chris Fusick



Alex Merrill & Justin Kirchmeier



Craig Hunter



Ben Walsh & Mike Maagero



Amanda Morris



Ryan Wenzel



Caitlin Woods



Tim Fasano



Michelle Longhi



Amanda Martin & Elyse Baker



Amy Mason



Morgan MacDowell, Jess Rafalowski, & Alison Macari



E.J. Clark



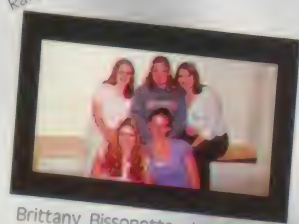
Brian Barao



Robert Fahrenholz



Corey Hinckley



Brittany Bissonette, Jen Wood, Sarah MacNeely, Melissa Devanney



# Credits



Dan McEleney Jamie Neilson Jess Masso Cathy Oiler Beth Osowiecki



Casandra Pease Melissa Rancourt Bethany Roy Karen Saunders Ajay Shenoy



Roger Sircar Kellie Sobinski Kassie Soni Bryan Sullivan Clare Tarracciano



Meghan Thompson Catherine Thresher & Brooke Carberry Rachael Toce Jess Torone Craig Hunter & Brittany Walker



Ed Walsh & Ben Denno Jess Hall Jon Wiegand & Julie Jenkins Jen Wood & Scott Cohen Janice Langer & Jeff Moreau



Emily Reeves



Jess Rafalowski, & Alison Macari



Paul Rago



Cori O'Brien



Erin McMurray & Renee Chmiel



Heather O'Hara & Geoff Bielecki

**Amanda Martin** - Diving (2,3,4), Indoor Track (1,2,3), Track (1,2,3)

**Jessica Masso** - JV Soccer (1,2), Varsity Soccer (3,4), Golf Team (1,2,3,4), Ski Club (1,2,3,4), NHS (2,3,4), Band (1,2), Captain JV Soccer (1,2)

**Amy Mason** - FFA (1,2,3,4)

**Curt McCloud** - JV Soccer (1,2), Varsity Soccer (3,4)

**Daniel McEleney** - Ski Club (2,3,4), Student Council (2), Giraffe Club (1,2,3,4)

**Erin McMurray** - JV Cheerleading (1,2), Camerata (3,4), Vocal (1,2,3,4)

**Alex Merrill** - Freshman Basketball, JV Basketball (2), Varsity Basketball (3,4), Golf Team (3,4), Ski Club (1)

**Amanda Morris** - Tennis (3,4), FFA (1,2,3,4), NHS (2,3,4), Camerata (1,2,3,4)

**Tony Myers** - Track (3), Ski Club (2,3,4), FFA (1,2,3,4)

**Jamie Neilson** - Swim Team (1,2,3,4), Peer Mediation (3,4), Spirit Night (2,3,4), Captain Swim Team (4)

**Heather O'Hara** - Varsity Field Hockey (1,2), Spirit Night (1,2), Student Council (1), Yearbook (3,4)

**Catherine Oiler** - Student Activity Board (3,4), Manager Varsity Cheerleading (2)

**Leah Olmoz** - Varsity Field Hockey (1), The Hobbit (3), Once Upon a Mattress (2), Yearbook (3,4)

**Bethany Osowiecki** - Varsity Field Hockey (2,3,4), Class Council (2), Band (1,2,4)

**Cassandra Pease** - FFA (1,2,3,4), NHS (2,3,4), The Hobbit (3)

**James Pease** - FFA (1,2,3,4), The Hobbit (3)

**Jen Periroth** - Varsity Soccer (1,2,3,4), Indoor Track (1,2,3,4), Track (1,2,3), NHS (3,4), Captain Varsity Soccer (4), Yearbook (3,4)

**Jess Rafalowski** - Varsity Dance Team (1,2,3,4), Tennis (2,3,4)

**Paul Rago** - Mt. Bike Team (2,3,4)

**Melissa Rancourt** - Swim Team (1,2,3,4), Varsity Dance Team (1,2,3,4), Tennis (1,2,3,4), Students Helping Society (1,2,3,4), Giraffe Club (1,2,3,4), Spirit Night (2,3,4), The Hobbit (3), Yearbook (3,4)

**Emily Reeves** - NHS (2,3,4), Band (1,2,3,4), Jazz Ensemble (1,2,3,4)

**Camerata** (2,3,4), Class Council (1,2,4), Student Senate (1,2,3,4), Newspaper Editor (2,3,4), Math League (2,3)

**Bethany Roy** - JV Cheerleading (1,2), Band (1,2,3,4), Finnian's Rainbow (2)

**Christina Ruggerio** - Swim Team (1,2,3,4), Varsity Dance Team (1,2,3,4), Student Council (3,4), Finnian's Rainbow (3), Once Upon A Mattress (2), The Hobbit (3), As You Like It (4), Spirit Night (2,3,4) Semi-Formal Committee (3)

**Karen Saunders** - NHS (2,3,4), Camerata (2), Student Senate (2,3)

**Kassie Scheitlin** - Varsity Field Hockey (1,2,3,4), Varsity Cheerleading (1,2,3,4), Captain Varsity Cheerleading (3,4), Captain Field Hockey (4), Yearbook (3,4)

**Nick Seccarecia** - JV Soccer (1), Varsity Soccer (2,3,4), Tennis (3,4), Ski Club (1), NHS (2,3,4)

**Jamie Shankman** - Class Council (2,3,4), Student Senate (3), Students Helping Society (3)







# Let The Good Times Roll...



Tyler Pearsons



Joe Cavallaro & Brittany Walker



Tom Martin



Sonia Hill



Kassie Scheitlin & Jamie Kerr



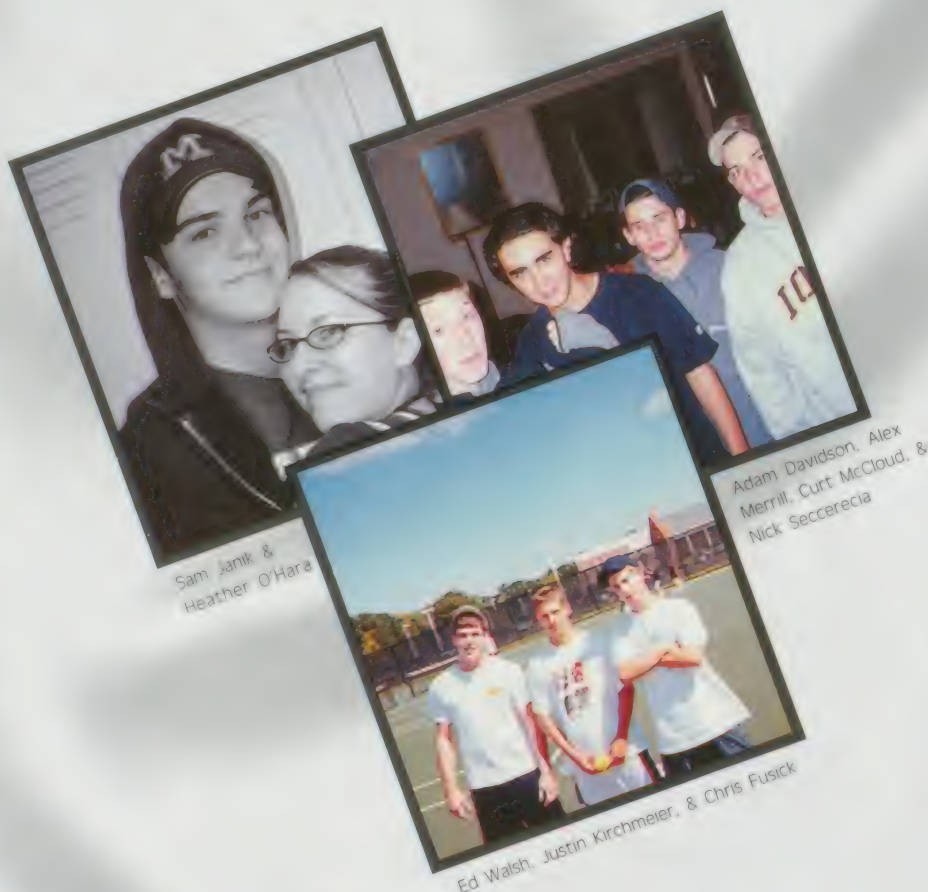
Shena Hales



Brittany Fabideau



Cari Carleton & Cori O'Brien



Sam Jank & Heather O'Hara

Adam Davidson, Alex Merrill, Curt McCloud, & Nick Secceracia

Ed Walsh, Justin Kirchmeier, & Chris Fusick



Rob Fahrenholtz



Mark Cecere



Louis St. George



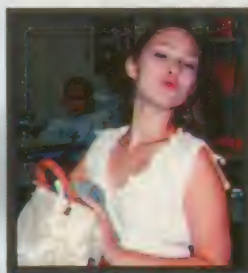
Jackie Lewis & Sarah Griffin



Leah Collins



Morgan MacDowell



Natale Dolnack



Bryan Sullivan

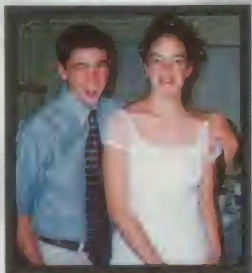




Katie Maher & Caitlin Heath



Ben Adams



Cari Carleton & Ed Walsh



Mike Sullivan



Matt Baker



Racheal Toce & Jess Torone



Amanda Martin



Carolyn Kwiat



Leah Olmoz & Krystal Miskin



Zach Rheault



Alex Merrill



Kassie Scheitlin, Meghan Thompson, & Michelle Bowers



Ben Denno & Fellow Underclassmen

Jackie Lewis & Michelle Longhi

Jen Periroth



Matt Dombrowski, Ben Bielanko, & Janice Langer

Leigha Hancock & Nick Seccareccia

James & Casandra Pease

*Congratulations Class of 2004*



**T**he 2004 Yearbook Staff has worked day and night for two semesters to bring you the best yearbook so far! While making this book, we really had to think about what 2004 means to us: the basketball games, the parties, and the dances, along with the just hanging out. We had to incorporate this into every page, along with keeping everyone happy! With several nail-biting deadlines it was quite stressful at times, but we think it was definitely worth it. If you look at the pages and the amount of work that we put into them, we hope you will like it as well. We were able to include a little bit of everything in this yearbook while capturing four years of magic and each individual's lifestyle and interests. Good luck to the class of 2004! And always remember *A Picture Is Worth 2004 Words!*



## 2004 YEARBOOK STAFF

**Editors:** *Melissa Rancourt and Leah Olmoz*

**Staff:**

*Jen Perloth*

*Ben Denno*

*Heather O'Hara*

*Renee Chmiel*

*Lisa Kis*

*Kassie Scheitlin*

*Ben Walsh*

*Chris Fusick*

*Katie Gates*

*Leigha Hancock*

*Kylie Shimmel*

*Christina Dellaquila*

*Brittany Walker*

*Amanda Dupuis*







**Above Clockwise:**

**Renee Chmiel** is working hard for the first deadline.

**Katie Gates** and **Kassie Scheitlin** are taking a break.

**Heather O'Hara** is making her way to the computers.

**Chris Fusick** and **Ben Denno** are chillin' like villians.

**Below Clockwise:**

**Ben Walsh** is making our yearbook awesome.

**Mr. Dudeck** is not happy with us as usual.

**Ben Denno, Lisa Kis, Ben Walsh, Mr. Dudeck, Amanda Dupuis, and Melissa Rancourt** are on a field trip for yearbook getting the 411.

**Melissa Rancourt and Amanda Dupuis** are finishing up a layout.



# Yearbook Superlatives

Worked  
The  
Hardest...

Melissa Rancourt

Best Layout...

Yearbook

Most  
Creative...

Ideas That Fly

Headache...

Mr. Dudeck



# CLASS SURVEY

1st Place~ Friends  
2nd Place~ Simpsons

**Favorite TV Show**

**Favorite Movie**

Lord of the Rings

The Ring

Hockey

Basketball

**Favorite Sport**

**Favorite Type of Car**

BMW

Porsche

Senior

Freshman

**Favorite Year In High School**

**Least Favorite Year In School**

Sophomore

Junior

Pizza

Cookies

**Favorite After School Snack**

**Favorite Clothing Store**

Forever 21

American Eagle

Nike

Adidas

**Favorite Brand of Shoes**

**Favorite Type of Music**

Rock

Rap

Prom

Spirit Night

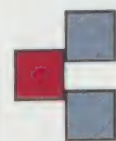
**Favorite School Event**

**Favorite Restaurant**

Olive Garden

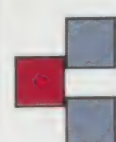
Wendy's





**Least Favorite Class**

Math  
English  
Psychology  
Gym



**Favorite All Time Teacher**

Mr. Katulka  
Mr. Gowdy  
Monopoly  
Life



**Favorite Holiday**

Christmas  
Thanksgiving  
Hoodie  
Jeans



**What Disney Character Would You Be?**

Cinderella  
Ariel  
Lion King  
Cinderella



**Are You Planning On Going To College?**

Yes- 92%  
No- 8%  
Friends House  
Mall



**Least Favorite Food**

Fish  
Meat  
Paul Walker  
Vin Diesel



**Favorite Actress**

Julia Roberts  
Reese Witherspoon

**Favorite Class in High School**



**Favorite Board Game**



**Favorite Piece of Clothing**



**Favorite Disney Movie**



**Favorite Hangout on the weekends**



**Favorite Actor**







**Most athletic**

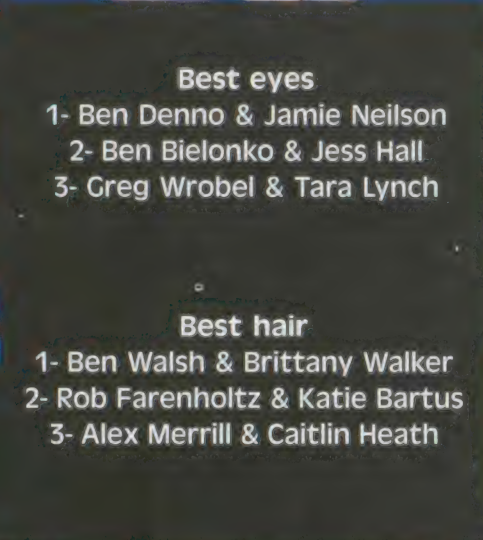
**Most athletic**

- 1- Bryan Sullivan & Caitlin Woods
- 2- Craig Hunter & Katie Gates
- 3- Aren Mitchell & Sonia Hill

- Most artistic**
- 1- Mike Koistenin & Cori O'Brien
  - 2- Aren Mitchell & Shannon Macari
  - 3- Brian Spellman & Brittany Walker



**Most artistic**



**Best eyes**

- 1- Ben Denno & Jamie Neilson
- 2- Ben Bielonko & Jess Hall
- 3- Greg Wrobel & Tara Lynch

**Best hair**

- 1- Ben Walsh & Brittany Walker
- 2- Rob Farenholtz & Katie Bartus
- 3- Alex Merrill & Caitlin Heath



**Best eyes**



**Most unique**



**Best hair**



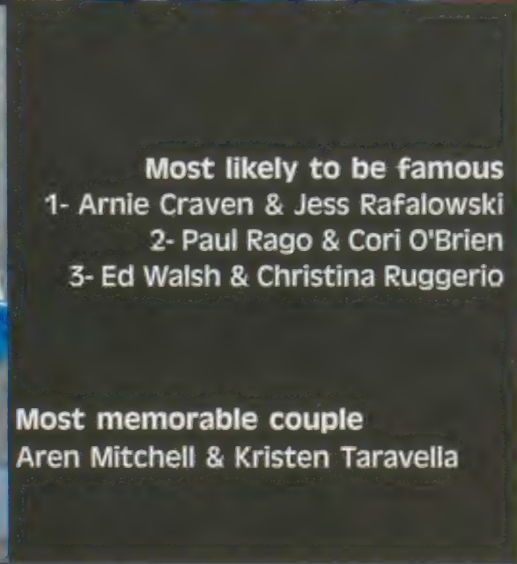
**Best smile**

- Most unique**
- 1- Rob Farenholtz & Cori O'Brien
  - 2- Ben Adams & Natale Dolnack
  - 3- Ryan Simko & Cassie Pease

- Best smile**
- 1- Nick Seccareccia & Caitlin Heath
  - 2- Ben Walsh & Lisa Kis
  - 3- Ben Bielonko & Leah Collins

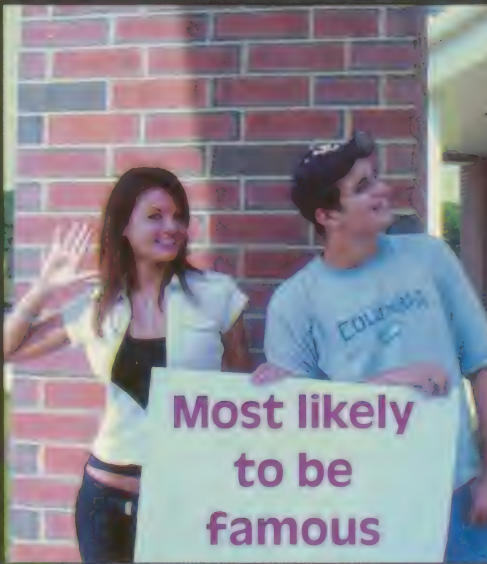


**Most memorable couple**



- Most likely to be famous**
- 1- Arnie Craven & Jess Rafalowski
  - 2- Paul Rago & Cori O'Brien
  - 3- Ed Walsh & Christina Ruggerio

**Most memorable couple**  
Aren Mitchell & Kristen Taravella



**Most likely to be famous**





**Best Guy Friends**  
 1- Curt McCloud & Matt Connelly  
 2- Joe Ruotolo & Arnie Craven  
 3- Jay Adamczyk & Alex Merrill

**Best Girl Friends**  
 1- Sarah Griffin & Jackie Lewis  
 2- Amanda Dupuis & Lisa Kis  
 3- Jess Rafalowski & Allison Macari

**Best Guy & Girl Friends**  
 1- Matt Connelly & Caitlin Woods  
 2- Adam West & Jamie Shankman  
 3- Joe Cavallaro & Katie Tunsy



**Best looking**  
 1- Bryan Sullivan & Jess Rafalowski  
 2- Ben Walsh & Kyrie Shimmel  
 3- Ben Denno & Allison Macari

**Best personality**  
 1- Matt Connelly & Clare Tarracciano  
 2- Clyant Sirois & Jamie Neilson  
 3- Billy Kingman & Katie Tunsy



**Most fashionable**  
 1- Bryan Sullivan & Jenna Mark  
 2- Joe Cavallaro & Melissa Rancourt  
 3- Ben Walsh & Jess Rafalowski

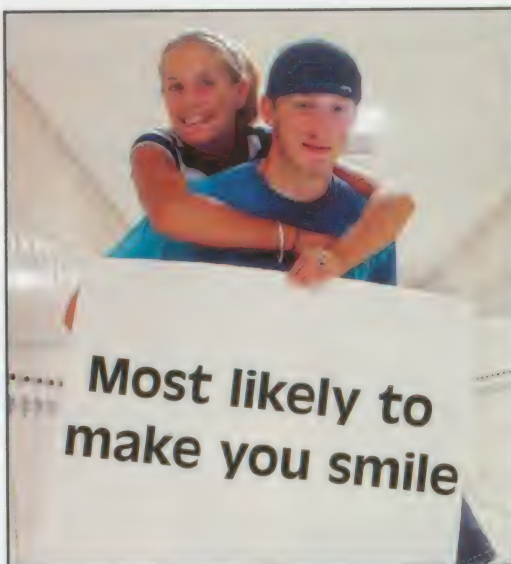


**Most talkative**  
 1- Craig Hunter & Caitlin Heath  
 2- Adam Davidson & Danielle Caldwell  
 3- Rob Farenholtz & Amanda Dupuis

**Most shy**  
 1- Adam West & Catherine Thresher  
 2- Ryan Wenzel & Shannon Macari  
 3- Clyant Sirois & Cassie Pease







- Most likely to make you smile
- 1- Adam Davidson & Kassie Scheitlin
  - 2- Ed Walsh & Julie Wittenzellner
  - 3- Joe Cavallaro & Karen Saunders

- Most notable laugh
- 1- Mike Kuzmeskus & Jen Dzioba
  - 2- Ed Walsh & Michele Longhi
  - 3- Craig Hunter & Caitlin Heath



- Class leaders
- 1- Tim Fasano & Jess Torone
  - 2- Matt Gallo & Emily Reeves
  - 3- Justin Kirchmeier & Caitlin Castle-Smith



- Best car
- 1- Ryan MacGillivray & Elyse Baker
  - 2- Mike Trombly & Melissa Rancourt
  - 3- Matt Gallo & Rachael Toce

- Changed the most since freshman year
- 1- Rob Farenholtz & Kelly Dansereau
  - 2- Tom Martin & Heather O'Hara



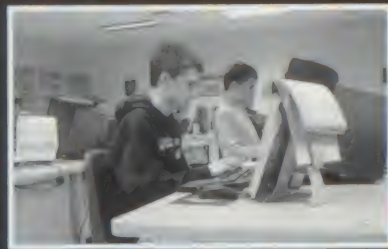
- Most friendly
- 1- Matt Connelly & Jamie Neilson
  - 2- Mike Maagero & Rachael Toce
  - 3- Matt Gallo & Becky Brown

- Dazed and confused
- 1- Garret Whitman & Christina DellAquila
  - 2- Zack Rheault & Caitlin Heath
  - 3- Mark Chaplin & Natale Dolnack

- Most likely to stay in Suffield
- 1- Ben Bielonko & Jamie Neilson
  - 2- Cory Hinckley & Sarah Griffin
  - 3- Brian Barao & Jackie Lewis







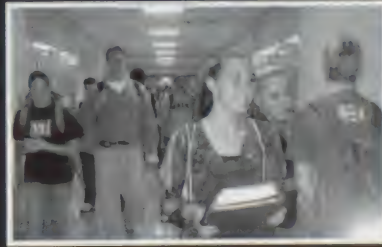
Sophomores  
2006



Underclassmen

Freshmen  
2007

2005  
Juniors





# ...freshmen...



Ashley Adams



Jacquelyn Adams



Kristofer Arrington



Tyler August



Katlin Baker



Matthew Banak



Jessica Banks



Thomas Barker



Michael Barten



Daniel Bartus



Alicia Baumann



Jason Beck



Courtney Bednaz



Christopher Benson



Peter Bermani



Lauren Bernstein



Scott Berry



Brian Betts



Kathryn Betts



Samantha Bielecki



Aaron Bielonko



Michael Binczewski



Joshua Block



Ivan Bojic



Brooke Boucher



Nicole Boudreau



Caitlin Brault



Stacie Breault



Matthew Breese



Matthew Brew



Alexandra Bromson



Benjamin Brown



Kerian Brunault



Adam Bulgajewski



Richard Burke



Jonathan Calderone



Leah Cammilleri



Rachel Campion



Brian Carney



Alexander Carroll



Adam Cascio



Larry Cauley



Derek Chapin



Melanie Chapman



James Chmiel



Michelle Clayton



Kelley Cmara



Tarah Cohen



Jeffrey Colapietro



Sara Coleman



Nico Connor



Matthew Conway





Michael Cooper



William Craven



Erica Cross



Timothy Crouse



Gregory Daley



David Dardanelli



Christopher Davis



Shannon Delaney



Morgan Denno



Kimberly Denué



Brian Depray



Tyler Di Prato



Christina Doane



Zachary Donais



Christina Dorazio



Stephanie Doucette



Kimberly Dupuis



Gretchen Eastman



Kyle Eisenhaure



Robert Emery



Adam Fields



Chloe Fortin



Andrew Gabel



John Gancarz



Arianna Garcia



Sara Gardocki



Lauren Gates



Wayne Gates



Patricia Graham



Sydney Grout



Trey Hall



Jason Halse



Laura Hawk



Brian Hays



Nicole Henao



Kyle Henry



Shannon Heyse



Robert Hill



Daniel Holmes



Erin Horanzy



Sean Hughes



Jeremiah Hunihan



Sara Jackson



Resha Jacquier



Danelle Jarinko



Alyssa Johnson



Thomas Johnston



Andrew Jones



Shawn Jordan



Megan Jorgensen



Dylan Keenan



Michelle Kelly



Kyle Kennedy



Sean Kennedy



Kaitlyn King



Kieran Kirkland



Bethany Klose



Lauren Kochanek



Sara Kubetin



Ashley Labarre



Paul Laflesh



Monique Lambert



Elizabeth Lancaster



Stephanie Landry



Brian Lareau



Joel Lee



Douglas Levesque



Runyon Lewis



Amanda Lineweber



Anthony Longhi



James Lord



Wesley Lowderback





Patrick MacNeely



Diana Mark



Andrew Martin



Nicholas Mavis



Natalie Mazzetta



Shannon McCann



Adam McFarland



Chloe McKay



Noah Mealy



Maxwell Merrill



Nicole Mitchell



Traci Mnich



Danielle



Krystal Montgomery



Danielle Moores



Vincent Morelli



Sean Morrison



Gregory Moser



Shellen Muratori



Carly Neilson



David Newell



Lydia Nicoll



April Nicotera



Ayesheh Nims



Alexandra O'Halloran



Shaun O'Hara



Patrick O'Kane



Patrick O'Malley



Amy Padrevita



Joseph Panasiewicz



Marissa Parker



Roydel Patterson



Cassie Pavel



Patrick Pease



Eleanor Peck



Carrie Perkins



Kyla Phelps



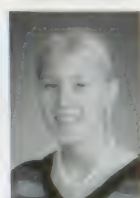
Richard Planka



David Pianki



Mark Provera



Chelsea Ranstead



Kellen Rice



Lauryn Richmond



Samantha Ridley



Alicia Ripoll



Anna Rollet



Dale Rollet



Mike Romano



Crista Rookey



Alaina Rossetto



Angela Rossetto



Shaina Rostek



Gina Roy



Johanna Ruckey



Andrea Ruotolo



Dunya Saleh



Jennifer Sansom



Michele Santiago



Nicole Santiago



James Sanville



# Class Of 2007





Crystal Saunders



Lauren Scandura



Nicole Schools



Amanda Scozzafava



Brynn Scozzari



Elizabeth Shamy



Sara Shea



Justin Sheridan



Aneisa Sherman



Rachel Sherwood



Heather Short



Nicholas Shute



Matthew Silva



Kathryn Simison



Whitney Simons



Daniel Sindler



Carina Slimm



Kyle Smith



Lauren Smith



Maureen Smith



Ryan Smith



Eric Soto



Kathryn Spencer



Anthony Sperrazza



Scott Spremulli



Scott St. George



Joseph Stepansky



Jamell Stevenson



Samantha Suttier



Patrick Sullivan



Steffani Summerlin



Eleanor Sutton



Bennett Sweeney



Sergi Switalski



Erik Taylor



Ashley Thibodeau



Kimberly Toussaint



Steven Treglia



Jamie Turner



Alyssa Ullmann



Tierney Vandervoort



Mark Vanhalter



Navina Vemuri



Robert Ventura



Corey Vogt



Ashley Wells



Benjamin Wilkinson



Matthew Williams



Sean Willoughby



Christine Wilson



Travis Wilson



Allyson Winne



Nicholas Wosko



Alexander Wright



Daniel Wrobel



Jeanette Yuodis



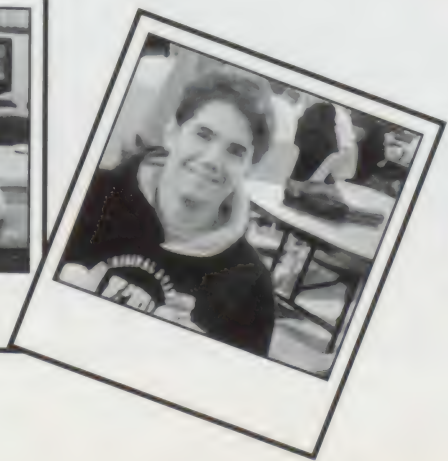
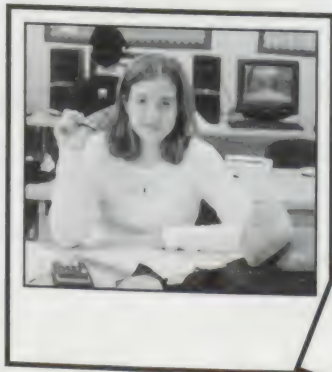
Allison Zaczynski



Lyndsey Zavisza



Peter Zywiak



Camera Shy: Brandon Piastka

Amanda Schook Emily Sikes Jacob Cintron

Christina D'Orazio Sara Seekins



# ...sophomores...



Beth Alaimo



Jessica Anderson



Michael Ansman



Joseph Antelmi



John Bashunov



Gillian Baxter



Mark Beltramello



Paul Berube



Julie Blair



Chris Bologna



James Bouchard



Matthew Bouchard



Jamie Brause



Christopher Brefort



Ashley Bridgman



Melanie Brown



Shante Brown



Sarah Brueno



Kyle Brunault



Daniel Bryll



Sean Burlingham



Christine Cannon



Ryan Cappa



Stay-c Cauley



Rachel Chittenden



Kasey Christian



Lauren Christofori



Lea Collins



Patrick Cooper



Emily Corallo



Elena Corsair



Rachel Cosker



John Cummins



Shaina Cunningham



Jaclyn Czerniak



John Daly



Michael Deedy



Michael Devine



Amy Dombrowski



Katie Donovan



Alexander Doran



Tim Dupuis



Michael Dzioba



Christopher Ewald



Nicholas Fasano



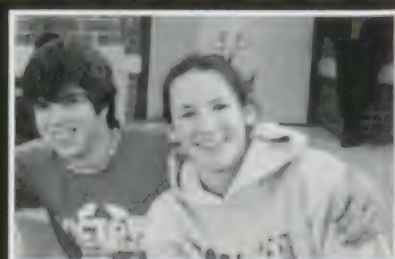
Erik Ferguson



Sean Flanagan



Jason Fletcher







Brianna Flynn



Dallas Flynn



Ryan Forcellina



Samuel Forster



Justin Foss



Elizebeth Fuller



Angela Giallanza



Catherine Giallanza



Jessica Giller



Jill Grakowsky



Cassandra



Doug Hackenyos



Jacklyn Harris



Jonathan Haslam



Kelly Heath



Stephanie Henao



Josh Hirst



Muriel Hoffacker



Jeffrey Holmes



Gabrielle Howe



Nicholas Jansen



Meaghan Kennedy



Nicole Kenney



Kristine Kiely



Bobby Kingman



Malachi Knowles



Matthew Kozaczka



Steven Kozaczka



Zachary Kozaczka



Anna Kubetin



Christopher Kwiat



Aimee Labarre



Karah Laprade



Kristen Lareau



Joey Lawrence



Nicole Lemire



Matthew Levesque



Shane Lewis



Valerie Longhi



Danielle Loughrey



Nicole Lussier



Dionna MacAri



Nick Marin



Christopher



David Marryat



Ross Marx



Peter Masso



Derrick Mathieu



Ashley Mattsen



Kevin Maynard



Rayshelle Mazur



Kim McGann



Lauren McGuinness



Katherine McKeon



Courtney McWha



Heidi Michalewicz



Amanda Moler



Evan Moreau



David Morel



Nicole Morton





Madison Munson



Shannon Murphy



Emily Nilson



Kalina Nowak



Veronica Nunes



Brenna O'Brien



Jessica O'Leary



Matthew Olson



Jessica Orr



Richelle Ouellette



Michelle Owens



Colin Packard



Betsy Pagan



Kelly Pagano



Tom Parise



Eric Parsons



Nora Parsons



Danielle Pepka



Chelsea Phillips



Jaron Pioggia



Christopher Poit



Melinda Polek



Christopher Puerta



Heather Reed



Jamie Regan



Simone Remy



Katrina Reynolds



Nathan Rheault



Amber Riccio



Brian Richardson



Kate Rickard



Matthew Rigby



Laura Rinaldi



Andrea Roccanti



Joey Russo



Michelle Salamone



Ann Santaniello



Alex Sauter



Lindsay Schultz



Dane Scozzari



Jennifer Senofonte



Ryan Shea



Aaron Shelanskas



Thomas Sheridan



Stephanie Shimmel



Charlotte Simmons



Michael Sirois



Chelsea Skawski







Lindsay Small



Kathryn Smith



Matthew Spellman



Jessica Springsteen



Carl St. George



Alisha Stafford



Krista Stepansky



Melissa Strickland



Jonathan Tautic



Jason Thresher



Gregory Tower



Michael Trippodo



Nicole Turgeon



Matthew Tyo



Tyfani Unger



Katie Vaughan



Zachary Vonkummer



Nina Vono



Joshua Waddell



Courtney Walker



Erin Waters



Paul Werth



Emily Willoughby



Carla Wilson



Christine Wilson



David Wilson



Shawna Withee



Eric Zaczynski



Benjamin Zavisza



Michael Zepp



## Camera Shy:

Shannon Cady

Sean Devlin

Brian Herring

Courtney Hoffman

Ryan Lee

Cory Reino

Lorena Schmidt

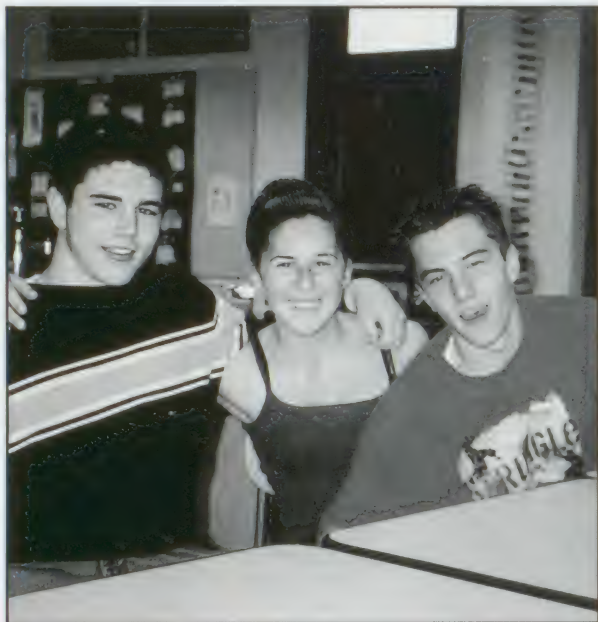
Danielle Sitler

Christopher Topor

# Class Of 2006



# ...juniors...



Joseph Abrams



Christine Adams



Matthew Baker



Nicholas Balcezak



Holly Benard



Lindsay Bertrand



Christy Biddlecom



Kelly Blais



Jaclyn Blazy



Brian Boglisch



Daniel Book



Kathryn Brewer



Chris Bromson



Shaundre Brown



Catherine Brunette



Peter Brunette



Mitchell Buder



Brian Bujak



Andrew Burks



Lauren Carroll



Nina Caruso



Lauren Chaplin



William Chapman



Victoria Christian



Lauren Cicitto



Jennifer Cmara



Michael Cocca



Jason Colapietro



Miroslav Colburn



Allen Collins



Sarah Connolly



Zachary Connor



Christina Couture



Jennifer Crandall



Rachael Dardanelli



Cheryl Delaney



Tiffany Doane



Chelsea Donahue



Justin Drenzek



Allison Duni



Junior Edwards



Krystal Eisenhaure



Thomas Emery



Nicole Engel



Kayla Fahey



Ashley Fleming



Caylene Frechette



Michelle Furgerson



Christina Gancarz



Leah Garrapy



Stephanie Gauthier



Daniella Gooch





Travis Gouvin



James Grant



Janna Haag



Lauren Hall



Ashlee Harnedy



Kevin Henderson



Amber Higley



William Hill



Laura Hincley



Robert Howe



Benjamin Hunt



Brianna Hunt



Julie Jenkins



Colby Johnstone



Nicholas Jubrey



Alexander Justesen



Laura Kehoe



Marissa Kiley



Haley Kirkland



Tara Kirkland



Jonathan Kozloski



Eric Lacivita



Brian Laflesh



Nathan Lamagna



Steven Lapane



Jennifer Laplant



Andrew Laureno



Katelyn Lavoie



Chelsea Lawrence



Jerald Lee



Kelie Lee



Kristen Lefferts



Emily Leveille



Kristin Liquori



Sarah Loveland



Jason Luban



Carmen Lucarz



Heather Luzusky



Matthew Makaravitz



Ryan Maliga



Christina Marek



Rebecca Maronn



Jeffrey McBride



Amber McComas



Amber McFarland



Sean McGuinness



Caitlin McGunigle



Erin McHugh



Samuel McMurray



Emily Merrick



Steven Monteleone



David Moriarty



April Morrison



Michael Morton



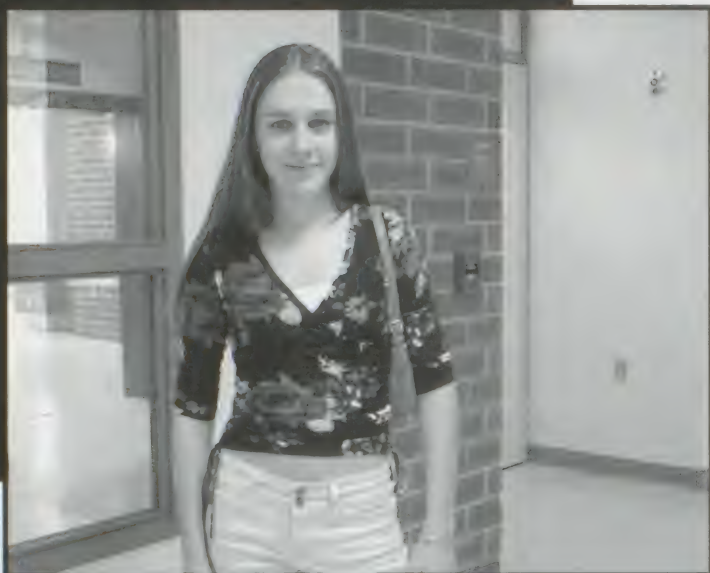
Jillian Moser



Alexander Munson







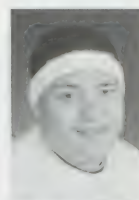
Scott Murdock



Lisa Muscarella



Thomas O'Brien



Rafael Otero



Sarah Padegimas



Rachel Panasiewicz



Ashley Parker



Lisa Pastula



Jaime Pearsons



Kara Pellin



Christine Pepka



Timothy Pepler



Kory Peterson



Siena Picchioni



Robert Poit



Devin Potter



Stephanie Raducha



Taryn Ramsdell



Leroy Robinson



Mary Robinson



Nicolas Roder-Hanna



Teresa Rogers



Melanie Romano



Christopher Rueli



Daniel Sablotny



Joshua Saviski



Kyle Schipritt



Rebecca Schnaars



Michael Schorr



Chelsea Seabury



Kelsey Sheehan



James Sheridan



Katelin Sherman



Aaron Smith



Robyn Smith



Lanze Spears



Kelly Spremulli



Louis St. George



Stephen St. John



Elianna Starr



Selena Starr



Aaron Stepanek



Steven Sutton



Megan Sweeney



Whitney Tagliavini



Ashley Taylor



Daniel Thomas



Elizabeth Tittarelli







Jason Trombly



Anthony Trout



Dillon Tyman



Scott Vanhaltern



Morgan



Ara Washington



Adam Weathers



Jennifer West



Jevan Whitaker



Christina White



Katelyn Willoughby



Ryan Wilson



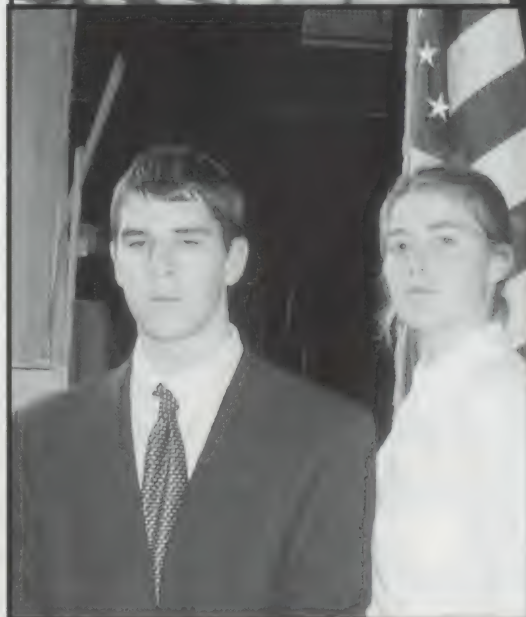
Nadine Wright

## Camera Shy:

Serge Backes    Richard Bernard    Jacquelin Bycenski    Caitlin Cooley    Shawna Jones

Mary Kenney    Timothy Mandirola    Caitlin McGunigle    Ashley McMann

Aren Mitchell    Wesley Weber    Kyle Quintin







Katelyn, Emily, and Sean Willoughby

# Someone to look to UP

"Now that we go to the same school, I have to give her **rides** all of the time."

- Kyrie Shimmel



Scott and Mark Vanhaltern



Chris and Ali Bromson

"Wayne is **good** people."

- Katie Gates

"It's great being able to **make fun** of him in front of all his friends."

- Amanda Dupuis



Elianna and Selena Starr

## SIBLINGS



Nikki and Steph Henoa

Ever have one of those days when your parents just won't seem to ever leave you alone? Or when your brother or sister is driving you so crazy that if you see him or her one more time you will scream? Going to school doesn't seem so bad at times like these. But what is it like for the people who go to school, only to see who else but their own family? Maybe it isn't so bad after all. Well we asked around and got the truth from SHS underclassmen who would know best!

We got a lot of different responses from the students who had siblings in school. It depended on the relationship that they had with their sibling. The ones that were both siblings and friends liked being in school together. Also, the younger siblings liked having older siblings that drove to school. On the other hand, some of the students get more than enough time together at home. The younger siblings get tired of hearing the teachers ask about their older siblings. Overall, we found there to be many benefits as well as some downfalls from seeing family members in school.



# Families

in

# School

"The best part about seeing my child in school is..."

All of the kids we talked to who had parents working in the school agreed that one of the best parts about it was always being able to get lunch money from them. However, it can have its bad points also. They can check up on you whenever they want, and since they know all of the teachers, they always find out when you get in trouble.

"I'm just **thrilled** to have him in school with me."  
- Mrs. Potter

... it makes work so much more fun to be able to see her and her friends and how happy they are to be here and enjoying themselves."  
- Mrs. Monsiegnur

... getting to see them throughout the day, and getting to know their friends."  
- Mrs. Saunders

Mrs. **Potter** & Devin



Mrs. **Hoffacker** & Riel



"I love that sometimes I get to see my daughter during the day, even if it is only to borrow lunch **money** from her."  
- Mrs. Hoffacker



Mrs. **Baumann** & Alicia

"It's **comforting** to know your child is nearby."  
- Mrs. Baumann



Mrs. **Silva** & Matt

"It has its **ups** and **downs**. Fortunately he's a good kid and I always hear the good things."  
- Mrs. Silva



# Student Life

Freshmen

Sophomores

Juniors

Seniors



VolleyBall Marathon

2004



2005

Suffield on the Green



2006

## Spirit Night



2007

## Summer fun







Our wildcat cheers us on!

# Fired Up! and Ready

Adrenaline pumping, sweat dripping... It's just you and the game. You and your other teammates out there. You and the fans. You miss...discouraged you start to hang your head until the crowd of fans abruptly cheer and yell "GO SUFFIELD!" The adrenaline is now back. Your back in the game.

At Suffield High we've constantly been avid supporters of our teams, players, and thus our school. Whether we wear team jerseys, make posters, or just go and watch--we support. We represent Suffield High School positively as we stand together and cheer, showing off our school spirit.

You look up and you see the overwhelming crowd. They're here for your team, they're here for you. The fans are going wild, you can hear them in the back of your mind. The blur of screams and applause. You push yourself harder... Your Fired Up and Ready!



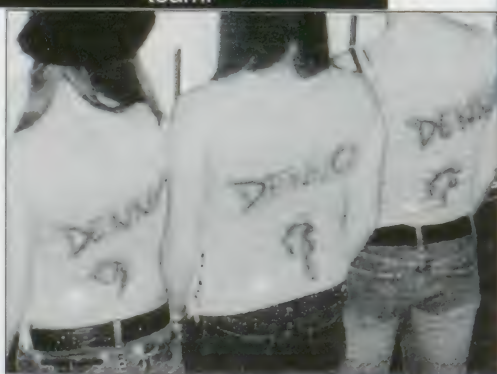
Jen Dzioba, Katie Maher, and Jen Perlroth Cheer on our hockey team!



Lisa Kis, Leigha Hancock, and Amanda Dupuis Cheer on our boys soccer team!



Melissa Rancourt and Sarah Padegimas Cheer on the boys basketball team!



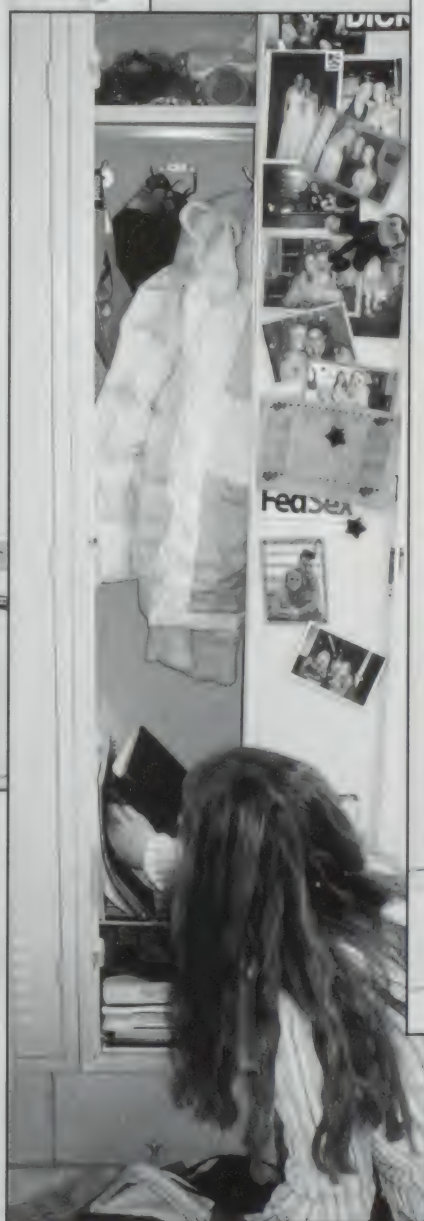
# PLAY

## Believe





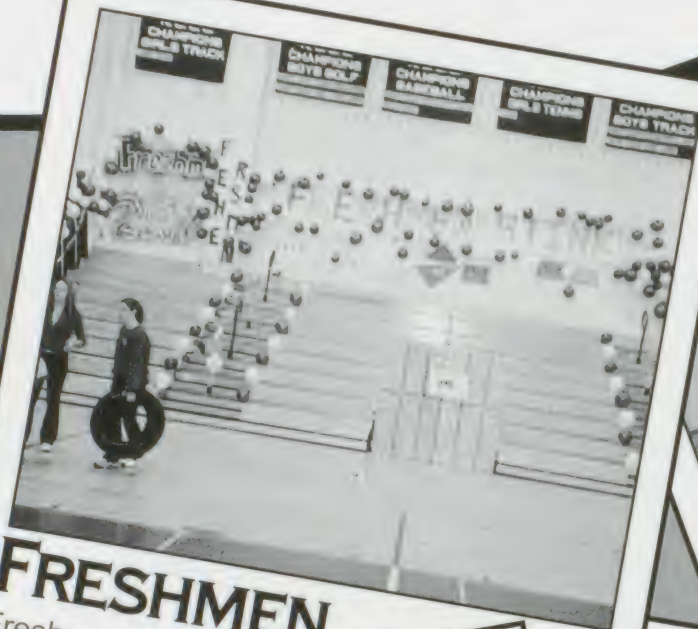
# LOCKER TALK



Proof that a locker can say alot about a person.



# S P R I T



**FRESHMEN**  
Freshman Rule



**SOPHOMORES**  
Gold Member



**JUNIORS**  
Stomp



**SENIORS**  
Army

FRIDAY, DECEMBER 5, 2003

SPRIT NIGHT WAS A MAJOR SUCCESS THIS YEAR! FOR THE SECOND YEAR IN A ROW THE CLASS OF 2004 KICKED SOME MAJOR BUTT! THE JUNIORS WON THE SKIT WITH THE THEME OF STOMP, WHILE THE SENIORS WON THEME, DECORATIONS, AND BEST OVERALL. THE FRESHMEN AND SOPHOMORE CLASSES HAD STRONG PERFORMANCES AS WELL. CONGRATULATIONS TO ALL CLASSES.



# WEEK & NIGHT



Senior girls participating in the skit take a time out to pose for the camera.

**Freshman**  
*Fourth Place*  
**Sophomores**  
*Third Place*  
**Juniors**  
*Second Place*  
**Seniors**  
*First Place*

**MONDAY**

DRESS UP DAY

**TUESDAY**

TEAM SHIRT DAY

**WEDNESDAY**

PAJAMA DAY

**THURSDAY**

CRAZY HAIR/HAT DAY

**FRIDAY**

CLASS COLOR DAY



Ms. Jacobs sports her flannels for PJ Day



Sarah Griffen is looking snazzy for Dress-Up Day



On the left, Renee Chmiel rocks some crazy hair and poses with Ms. Holland and Allison Silver



# Suffield on the Green

Raising money...Having fun....for a good cause

Suffield on the Green is an annual event that takes place the second weekend in September. Businesses and organizations in town run booths to raise money. Suffield High School has many clubs that run such booths, including FFA, sports teams, and NHS. Also, every class has a booth run by the class council to raise money for events such as prom, semi-formal, and graduation. Suffield on the Green is a great way for students to show their involvement in school functions, raise money, and have a good time with friends.

**Below:** Kristen Taravella and Matt Gallo chilling in the SHS business booth.



**Above:** Jeanette Burke, her puppy Dusty, Rachael Toce, Caitlin Castle-Smith, Clyant Sirois, and Joe Cavallero working hard at the Class of 2004 booth.

**Right:** Renée Chmiel and Erin McMurray look for trouble as they push the button on the Class of 2004's dunk tank.



**Above Right Corner:** Teresa Rogers and Chris Bromson take a break from their booth.



**Middle:** The swim team raises money for the team.

**Above:** Kellie Sobinski, Julie Wittenzellner, and Cassandra Pease having fun at the FFA booth.



# Volleyball Marathon

**-Pep Talk-**



**Above-** Lindsay Small & Danielle Loughrey.



**-Leaders-**

**Left- NHS members-** Becky Brown, Jen Perlroth, Katie Tunsky, Jess Masso & Claire Tarracciano.

The accuracy of a smooth pass, the satisfaction of a perfectly placed set, the excitement of a powerful kill, the loud cheer and high fives in the middle of the court...all memories from a night full of games played at the VB Marathon.

Without the help of NHS, the Volleyball Marathon wouldn't be possible. The members start months ahead of time to plan the food, sleeping areas, teams, and game schedules. They also have to find volunteers to chaperone and referee. They put a lot of time and effort into this fun night so everything runs smoothly. Thank you NHS!

**-Game Faces-**



**Above-** Alli Duni, Kayla Fahey, & Ashley Fleming.

**-Best Buds-**



**Above-** Jackie Czerniak & Caylene Frechette



**-Perfect Position-**

**Left-** Bryan Sullivan, Adam Davidson and Craig Hunter.

# Bump, set, Students enjoy a night of fun! spike it!



GO TEAM!

OUR

SHOW YOUR  
STRENGTH

SPIRIT

SHOWS

Come out Fighting

I believe thAt  
tHe gamE is  
deSigned to  
reWard The  
oNes wHo hiT  
the haRdest.  
If yoU Can't  
take it, yOu  
shOuldn't  
play.

-JaCk LaMbErT

Below- SHS Cheerleaders  
get the crowd going  
Right- Kristen Lefferts  
goes for a goal



Below- (left to right) Amy Padrevita and Kathryn Betts, Meghan Tompson, Matt Zaczynski, Alex Sauter





# Sports at



# Suffield High

**"When you want something you've never had, you've got to do something you've never done."**

Sports are important at any age. Playing team sports help people gain confidence, learn how to play with others, and give them a chance to have fun. Sports allow you to exercise while being with your friends. Joining a team is also a great way to meet people if you are new in school. The morals that athletes learn while playing a sport will help them throughout their life, such as discipline and self confidence, which are both important to have.

Below- (left to right) Mike Schorr, Sarah Griffin, Mike Maagero, Kelly Heath





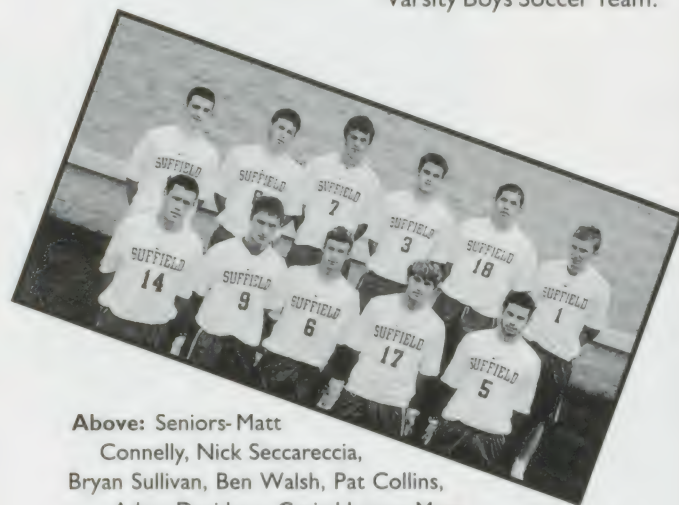
# When SPIRIT Counts

A new coach,  
a new season,  
a new record.

After losing seven graduating seniors and a coach from last year's team, the Varsity Boys Soccer Team was seen with low expectations. The end of the season brought some disappointment, but only left room for improvement. The 2003 season's team did more than improve; they had a ten game winning streak and the best record of the past four years. It all began with a new coach, Mark Beigel, and with his new attitude of the game. Using knowledge of the game from past experiences at both high school and college levels, Coach Beigel put a much needed sense of novelty to our style of play. The eleven seniors returned with their own chemistry and sense of teamwork to make it a winning season for the Suffield High School Varsity Boys Soccer Team.



Above: Top Row- Matt Connelly, Craig Hunter, Nick Seccareccia, Mike Schorr, Bryan Sullivan, Ben Walsh, Pat Collins, Adam Davidson, David Moriarty; Bottom Row- Mike Devine, Kasey Christian, Matt Gallo, Justin Kirchmeier, Bobby Kingman, Billy Kingman, Mitchell Buder, Curt McCloud



Above: Seniors- Matt Connelly, Nick Seccareccia, Bryan Sullivan, Ben Walsh, Pat Collins, Adam Davidson, Craig Hunter, Matt Gallo, Justin Kirchmeier, Billy Kingman, Curt McCloud



Above: Dane Scozzari kicks the ball

Right: TopRow- David Wilson, Andy Martin, Michael Deedy, Doug Hackenyos, Jason Thresher, Josh Block; Second Row- Mike Cooper, Colin Packard, Nick Shute, Dane Scozzari, Ben Brown, Matt Bouchard, Dan Holmes, Wayne Gates, Mike Ansman; Bottom Row- Greg Daley, Anthony Sperrazza, Mike Binczewski, Ben Sweeney, Sean Willoughby, Trey Hall, Andy Gabel, Jerry Huniham



Below: (left to right) Craig Hunter, Michael Deedy, Bryan Sullivan, Eric Lacivita





Going into the season the expectations weren't as high as they turned out to be. Scoring over 10 goals and letting in less than 20, the team proved to be one to watch out for. The girl's team worked hard and came together on and off the field. Not only did they show talent they showed heart. Despite a few let downs and injuries the girls overcame the obstacles resulting in a 12-3-1 record and coming out as 2<sup>nd</sup> in the league. Good luck next year girls.

A kick-start into the season

Let's

# SCORE



**Above:** Jessica Masso, Jennifer Perlroth, Katie Gates, Caitlin Woods, Christina Dell Aquila



**Above:** Top Row- Caylene Frechette, Chloe McKay, Alexandra Bromson, Kristen Lefferts, Sarah Padegimas, Lindsay Small, Teresa Rogers, Nina Caruso, Erin McHugh; Second Row: Ashley Bridgman, Danielle Loughrey, Whitney Tagliavini, Allison Duni, Megan Sweeney, Jessica Orr, Kelly Heath; Bottom Row- Jessica Masso, Jennifer Perlroth, Katie Gates, Caitlin Woods, Christina Dell Aquila



**Left:** Top Row- Shannon Delaney, Ashley LaBarre, Alisha Stafford, Chloe Fortin, Lauren Smith, Erin Horanzy, Navina Vemuri; Second Row- Christine Cannon, Shannon McCann, Katie Donovan, Nicole Boudreau, Andrea Ruotolo, Aneisa Sherman; Bottom Row- Shellen Muratori, Elizabeth Shamy, Melanie Chapman, Danielle Monsieigneur, Erin Waters



**Above:** Shellen Muratori steals the ball

**Below:** (left to right) Lauren Smith, Chloe McKay, Ashley LaBarre, Sarah Padegimas





# IN The spirit lanes Of The Moment

## Speeding through the

The swim team has a great season this year. We got a lot of great new freshman swimmers. Our record was 9-4. We have some outstanding long distance and short distance swimmers on the team. We beat a lot of competitive teams, and those that we lost to weren't far ahead. We had three individuals' school records and two relay school records broken this year. Diving also had a great year with one individual getting the highest score of the season in one of our meets and another individual breaking a school record. Unfortunately, this is the last year for our coach Walter Beck and he will be missed but there is a great new coach Jen Motolo on her way for next year. Overall, it was a great season and we will have a lot of upcoming swimmers for next year.



**Above:** Top Row- Megan Betts, Lisa Kis, Becky Brown, Amanda Martin, Melissa Rancourt, Katie Tunsky, Jamie Neilson, Amanda Dupuis, Julie Wittenzellner, Christina Ruggiero; Second Row- Michelle Salamone, Katelin Sherman, Christina Gancarz, Rachel Panasiewicz, Ashley Fleming, Haley Kirkland, Jennifer West, Liz Tittarelli; Third Row- Joe Cavallaro, Michelle Salamone, Melanie Brown, Sarah Brueno, Nicole Lemire, Emily Willoughby, Jessica O'Leary; Bottom Row- Kathryn Betts, Amy Padrevita, Gretchen Eastman, Natalie Mazzetta, Sara Gardocki, Alicia Baumann, Kellen Rice, Nicole Henao, Eleanor Sutton, Traci Mnich, Anastasia Breault



**Above:** Seniors- Amanda Martin, Lisa Kis, Megan Betts, Becky Brown, Melissa Rancourt, Katie Tunsky, Jamie Neilson, Amanda Dupuis, Julie Wittenzellner, Christina Ruggiero

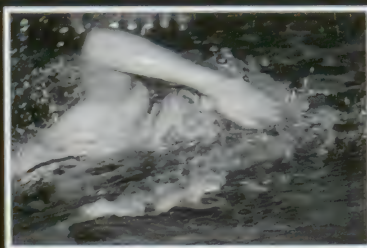


**Above:**  
Captains Katie Tunsky, and Jamie Neilson

**Right:** TopRow- Lisa Kis, Becky Brown, Amanda Martin; Bottom Row- Nicole Henao, Melanie Brown, Sarah Brueno



**Below:** (left to right) Julie Wittenzellner, Kathryn Betts, Melissa Rancourt, and Natalie Mazzetta

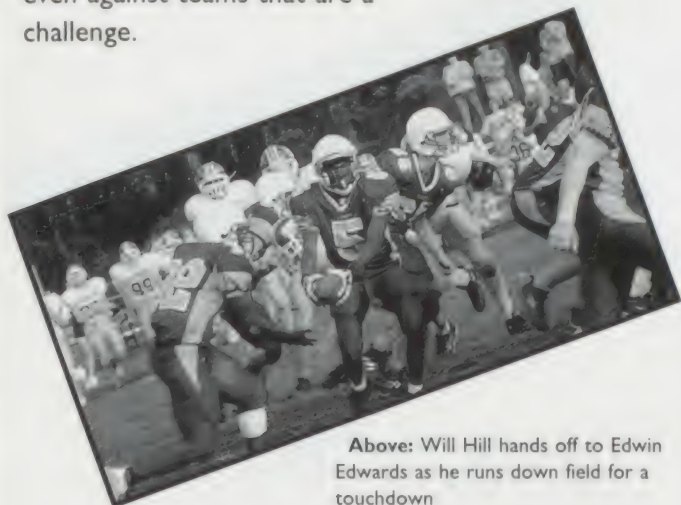




It has been a positive year for the 2003 Windsor Locks/Suffield football team. After going 0-11 in 2001, and 4-7 in 2002, the team is on pace to shatter the .500 mark and be among the top of the Pequot Uncas division. The team consists of many talented players who love the game of football and sacrifice everything to win. But much of the team's success can be credited to Coach Pat Seltza, who puts in painstaking hours preparing the team. His knowledge and experience is unmatched, he gives us a chance to win every game, even against teams that are a challenge.

# Success encourages both on and off the field

# The Drive to Win



**Above:** Will Hill hands off to Edwin Edwards as he runs down field for a touchdown



**Below:** Top Row- Nathaniel Slater, Jeff Motuzick, Sean Rioval, Timmothy Munson, Dave Nolan, Sean Jordan, Pat Sullivan, Robert Hill, Mike Morton, Joe Stepansky, Brian Boglish, Tony Trout, Andrew Hannaford, Dylan Keenan, Rick Bernard; Next Row: Steve Senofante, Andy Wells, Mike Hannaford, William King, Aaron Smith, Edwin Edwards, William Hill, Jonathan Haslam, Sean Flip, Matt Conway, Michael Ulbric; Bottom row: Nick Jubrey, Mike Koistinen, Mike Sullivan, Roger Sircar, Matt Hatmaker, Richard Madden, Dan Pitocki, Garret Whitman, and Kevin Laccolino

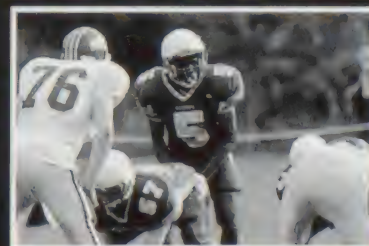
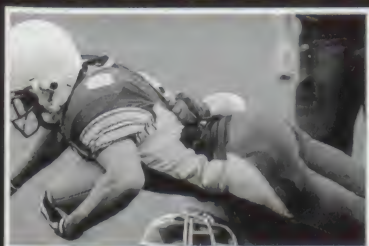
**Above:** Top Row- Pat Sullivan, Tony Trout, Robert Hill, Edwin Edwards, William Hill, Jonathan Haslam, Brian Boglish, Mike Morton; Next Row: Joe Stepansky, Nick Jubrey, Aaron Smith, Matt Conway, Dylan Keenan, Rick Bernhard; Bottom Row: Mike Sullivan, Mike Koistinen, Roger Sircar, Richard Madden, Garret Whitman, and Sean Jordan



**Below:** (left to right) Roger Sircar, Aaron Smith, Nick Jubrey and Coach, Pat Scelza, and Will Hill and William King



**Above:** Edwin Edwards runs to break a school record





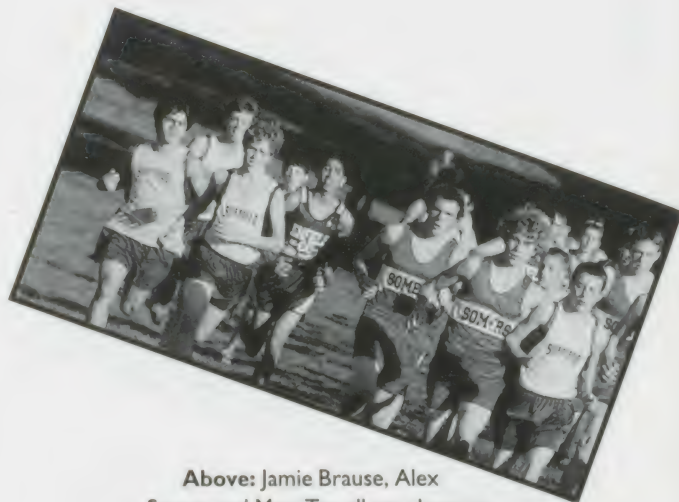
# Go Speed Racer

Pushing through tough  
times

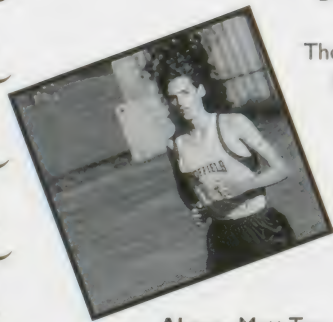
The girl's and boy's cross country teams had an impressive season especially after losing many seniors. The primarily young teams worked hard and never allowed their small size to intimidate them. The girls came together and brought home numerous victories. It was a good season and we hope to have an even better one next year.



Above: Top Row- Kathryn Brewer, Beth Alaimo, Victoria Christian, Heather Short; Bottom Row- Nora Parsons, Janna Haag, Brianna Hunt, Kayla Fahey



Above: Jamie Brause, Alex Sauter and Matt Tyo all get closer to the finish line



Above: Matt Tyo runs into the lead

Right: TopRow- Tomas O'Brien, Matt Tyo, Billy Chapman, Jamie Brause; Sencond Row- John Gancarz, Peter Masso, Matt Rigby, Thomas Parise, Alex Sauter; Bottom Row- Joe Panasiewicz, Joe Antelmi, Matt Brew, Dale Rollet



Below: (left to right) Kathryn Brewer and Heather Short, Peter Masso, Kelsey Sheehan and Kathryn Brewer, Dale Rollet





Even though the field hockey team's record did not show how well they did, the team had a good season. With a new coach, Amy Egan and a new wave of 14 freshman, the 2003 year was a warm up. The girls went out and gave it all they had. The team itself was amazing and they couldn't have asked for a better set of girls. The four seniors that are leaving this year wish the girls the best of luck and remember, "We had the time of our life!"

# Looking optimistically With at the season Goals ahead In Mind



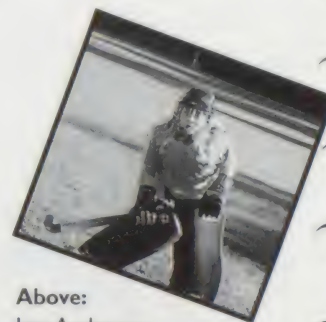
Above: Seniors- Catherine Thresher, Kassie Scheitlin, Michelle Bowers, Meghan Thompson



Above: Top Row- Beth Osowiecki, Kassie Soni, Julie Blair, Melissa Strickland, Erica Cross, Amanda Scozzafaya, Ally Winne, Alyssa Johnson, Elizabeth Lancaster, Courtney Bednaz, Brynn Scozzari, Kathryn Simison, Jaclyn Czerniak; Second Row- Katelyn Willoughby, Emily Neilson, Jessica Giller, Lyndsey Zavisza, Chelsea Phillips, Muriel Hoffacker, Jessica Anderson, Morgan Denno, Brooke Boucher, Nadine Wright, Shannon Delaney, Carly Neilson; Bottom Row- Ayesheh Nims, Holly Benard, Catherine Thresher, Brianna Flynn, Meghn Thompson, Kassie Scheitlin, Michelle Bowers, Valerie Longhi



Left: Chelsea Phillips keeps her eye on the ball



Above: Jess Anderson stands on guard.

Below: (left to right) Lyndsey Zavisza, Ayesheh Nims, Carly Neilson & Ayesheh Nims, and Elizabeth Lancaster





# To New HEIGHTS

## Basketball jumps into a powerful season

The Freshmen boys basketball team has worked hard and come a long way since the beginning of the season. The team's hard work and dedicated team play payed off in the end. The Freshmen girls basketball team has came together nicely as the season progressed. The team's tough play and ability to work together helped them succeed this season.



**Above:** Top Row- Coach Gatto, Joel Lee, Steve Treglia, Jeff Colapietro; Second Row- Alex Wright, Tyler DiPrato, Matt Silva, Andy Martin, William Craven; Third Row- Tung Dang Tran, Larry Cauley, Sean Willoughby, Matt Conway



**Above:** Coach Gatto gives the team advice.

**Right:** First Row- Krystal Montgomery, Kim Dupuis, Ayesheh Nims, Erin Horanzky, Coach McGurn; Second Row- Danielle Moores, Christina Doane, and Ashley Thibodeau



**Above:** Alex Wright goes up for the block.



**Below:** (left to right) Billy Craven and Alex Wright, Tyler DiPrato, Alex Wright, and Tyler DiPrato





The JV boys basketball team was made up of hard working athletes. They have showed themselves to be one of the best teams in the league. They always played like a team and stuck together. The JV girls basketball team improved greatly during the season. They had the determination and friendship to last throughout the whole season.

It's all about  
teamwork and  
dedication

# To Make THE Shot



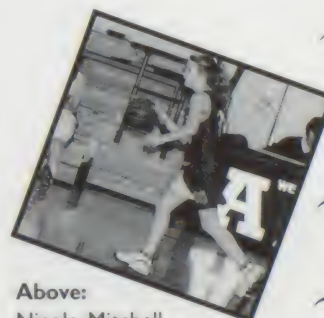
Above: Captains- Jill Grakowsky and Chloe Fortin



Above: Top Row- Mark Beltramello, Tim Mandorla, Jason Thresher, Dave Moriarty, Coach McCullough; Second Row- Mike Devine, Aaron Smith, Josh Block, Matt Silva; Third Row- Colin Packard, Kasey Christian, Dave Pianki, Jon Haslem, and Robert Hill

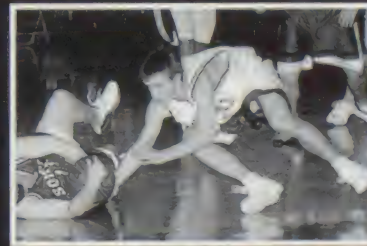


Left: Top Row- Angela Giallanza, Lauren Smith, Bethany Klose, Lindsay Zavisza, Shannon McCann; Second Row- Nicole Mitchell, Shelly Muratori, Nicole Boudreau, Emily Willoughby; Third Row- Rochelle Ouellette, Jill Grakowsky, and Chloe Fortin



Above: Nicole Mitchell dribbles the ball up the court.

Below: (left to right) Jon Haslem, Bethany Klose, Mike Devine, and Kasey Christian





# The **START** of a New Era

It's all about teamwork

This year's Suffield girl's basketball team was ready and anxious to have a great season. Although losing six seniors last year, many new athletes as well as veterans to the sport teamed together. The four seniors this year stepped up and showed off their talent throughout the season. Also, using the expertise of coach Dan Sullivan and the help of some talented underclassmen, the team's unbelievable defense and rapidly improving offense surprised many teams.

This year's season for the boys was much improved from the last. They finished 3rd in the league with a record of 14-6. They made it to the NCCC and state tournaments. The three seniors contributed greatly to the team's success this year.

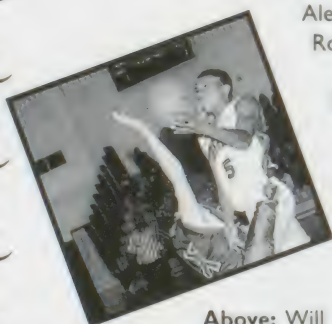


**Above:** Top Row- Coach Sullivan, Lindsey Zavisza, Bethany Klose, Kelly Heath, Shannon McCann, Amber Higley; Middle Row- Allie Duni, Theresa Rogers, Chloe McKay, Lindsay Small; Bottom Row- Lisa Kis, Sarah Griffin, Katie Gates, Amanda Dupuis. Not pictured: Manager Ali Bromson



**Above:** Seniors  
Lisa Kis, Katie Gates,  
Amanda Dupuis and Sarah  
Griffin

**Right:** TopRow- Coach Aniello, Aren Mitchell, Bill Chapman, Jay Adamczyk, Alex Merrill, Coach Gaillard; Second Row- Manager Christina Dellaquila, Jon Haslam, Dave Moriarty, Tom Emery, Manager Kristen Taravella; Bottom Row- Will Hill, Edwin Edwards, Robert Hill, Dave Pianki



**Above:** Will Hill drives the lane to make a layup.



**Below:** (left to right) Seniors A. Mitchell, J. Adamczyk, A. Merrill, Captains S. Griffin, K. Gates, Captains A. Mitchell, J. Adamczyk, W. Hill, C. McKay





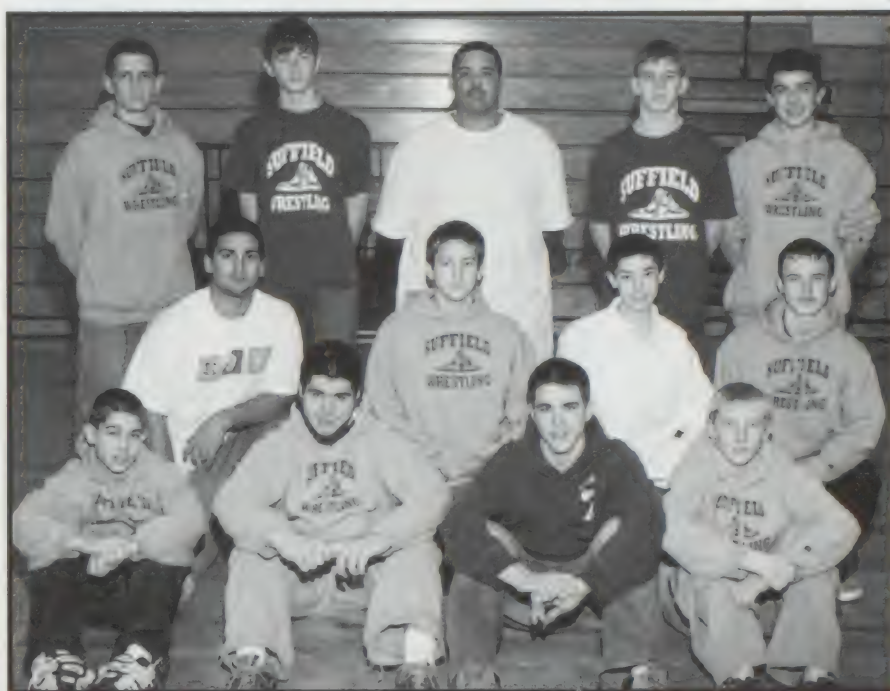
The wrestling team is driven to win and not give up. Despite striving for individual victory, the team motivates each other to be successful as a whole. This year some team members went as far as state opens and came close to setting school records. With all returning team members next year, next season's outlook is promising.

Go hard or go home!

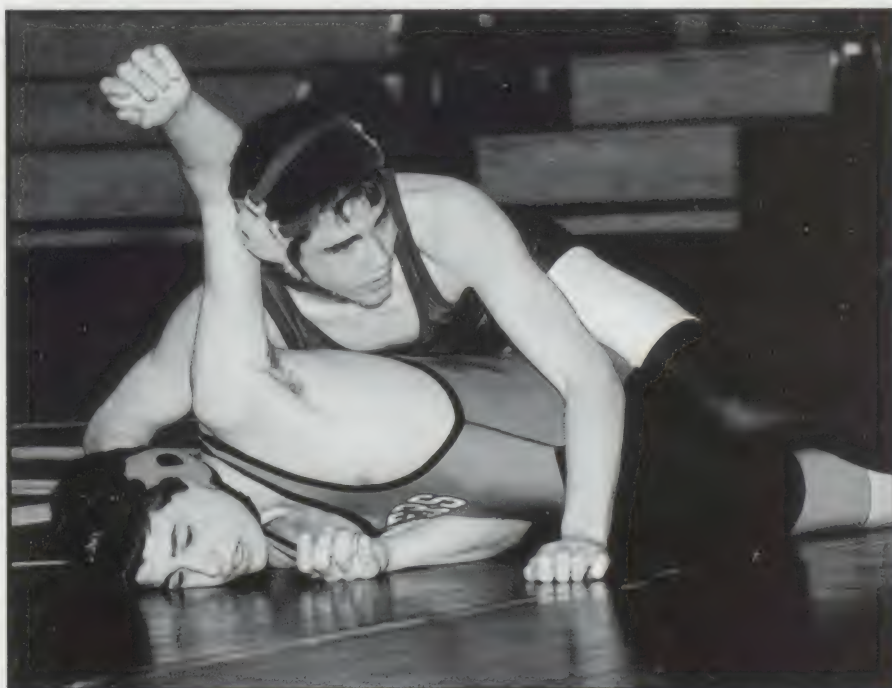
# Take it to the Mats



Above: Captains Tom O'Brian and Colby Johnstone



Above: Top Row- Jaren Pioggia, Joe Panasiewicz, John Strange, Jason Halse, Jim Sheridan; Middle Row- Nick Jubrey, Dale Rollet, Vin Morelli, Ivan Bojic; Bottom Row- Justin Sheridan, Tom O'Brian, Colby Johnstone, Shane Lewis

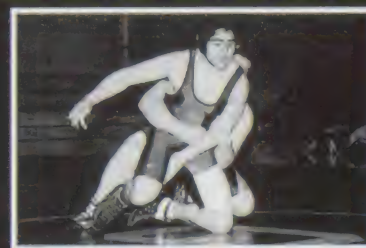


Left: Colby Johnstone pins down his opponent to improve his record of 28-3.



Above: Jimmy Sheridan takes down his opponent.

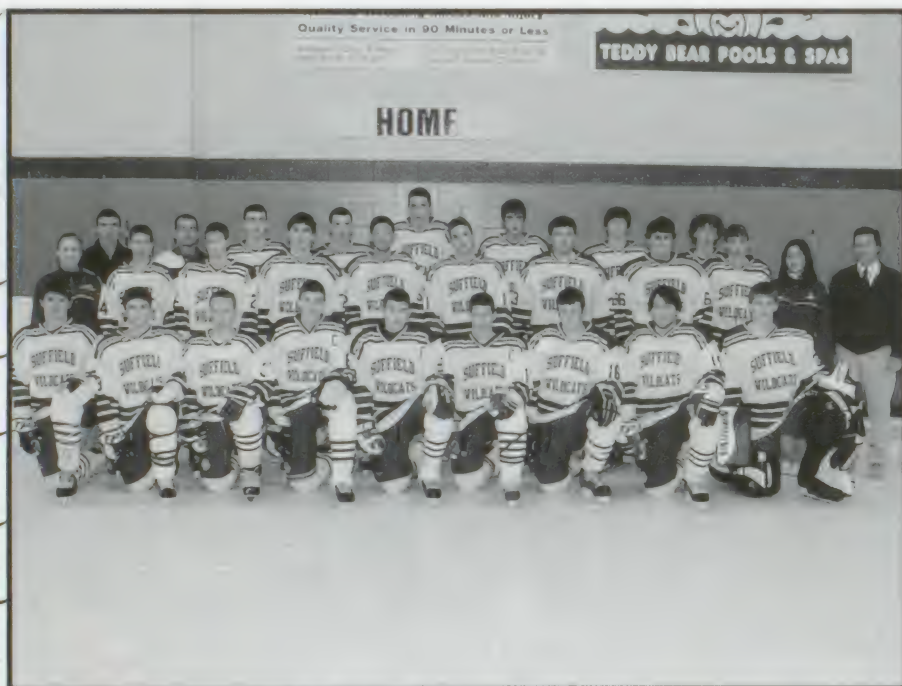
Below: (left to right) Jaren Pioggia, Shane Lewis, Colby Johnstone, Tommy O'Brian.



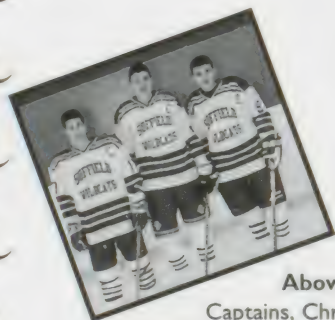


# He Shoots... He Scores

After winning the NHC conference championship and advancing to the Division I semi-finals with a 17-8 record last season, the wildcats hockey team had a challenging goal to fulfill. While losing many key players, the team was still strong with seniors Ben Denno, Chris Fusick, Sam Janik, Corey Hinckley, Mike Maagero, and several others from Windsor Locks and Granby. Other key players included Scott Vanholtern, Mike Dzioba, and Scott Murdock. The wildcats continued their success this season with solid play on both ends of the ice and finished powerfully.



**Above:** Top Row- Coach Bobby Hinckley, Coach Rich Carney, Dustin Tucker (WL), Dean Tucker (WL), Scott Murdock, Matt Breeze, Bryan Duprey, Jimmy Johnson (WL); Middle Row- Katie Tunsky, Ben Sweeny, Joey Becker (WL), Mike Dzioba, Matt Frechette (WL), Scott Vanhaltern, Aaron Williams (WL), Nick Roy (WL), Mike Sullivan (G), Jen Perlroth, Coach Robert Hinckley; Bottom Row- Ben Bielonko, Sam Janik, Mike Maagero, Corey Hinckley, Ben Denno, Chris Fusick, Brad Cooper (WL), Todd Breau (G), Mike Hounshell (G)

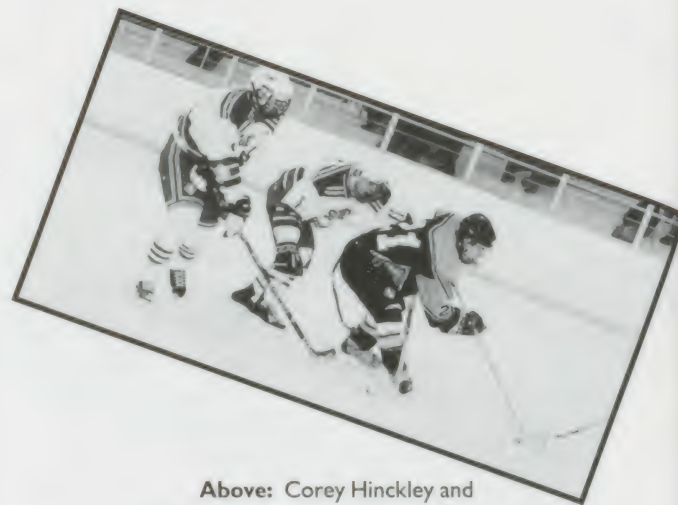


**Above:** Senior Captains, Chris Fusick, Corey Hinckley, and Ben Denno

**Right:** Seniors; Top Row- Ben Bielonko, Corey Hinckley, Ben Denno, Chris Fusick, Todd Breau (G); Bottom Row- Sam Janik, Mike Maagero, Brad Cooper (WL), Mike Hounshell (G)



**Below:** (left to right) Chris Fusick, Ben Denno, Sam Janik and Scott Murdock, Mike Maagero



**Above:** Corey Hinckley and Scott Vanhaltern battle for the loose puck.

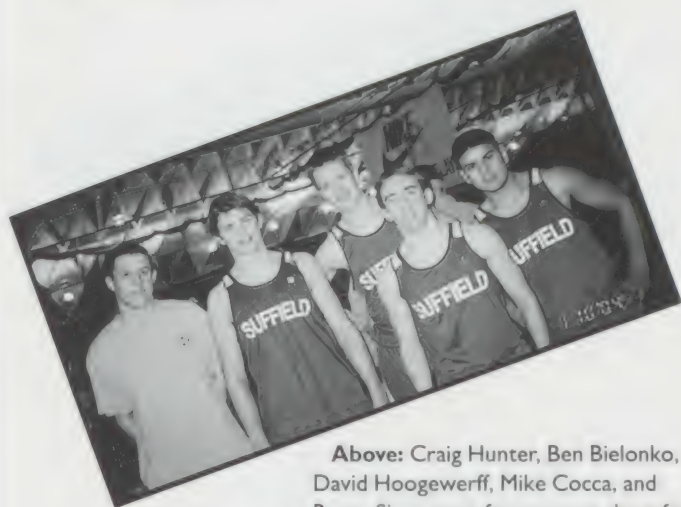




This year the indoor track team had three new coaches Mark Winarski, Domenico Casolari, and Amy Pastormerlo. The girls indoor track team unfortunately lost some very talented runners but acquired some new talented girls, while Captains Sonia Hill and Whitney Tagliavini lead the sprinting races. By the end of the season, Sonia won the state competition in the 55 meters while Whitney broke the school record in long jump and became the first field athlete in Suffield history to qualify for Nationals. The boys indoor track team lost some talented distance runners from last year but gained talented sprinters Craig Hunter and Mike Cocca. Ben Bielonko joined the team as an outstanding pole vaulter and proved to be a vital asset for the team, winning the high jump competition at states. Both teams ended with successful seasons and had a very good showing at NCCCs.

## The track team goes the distance

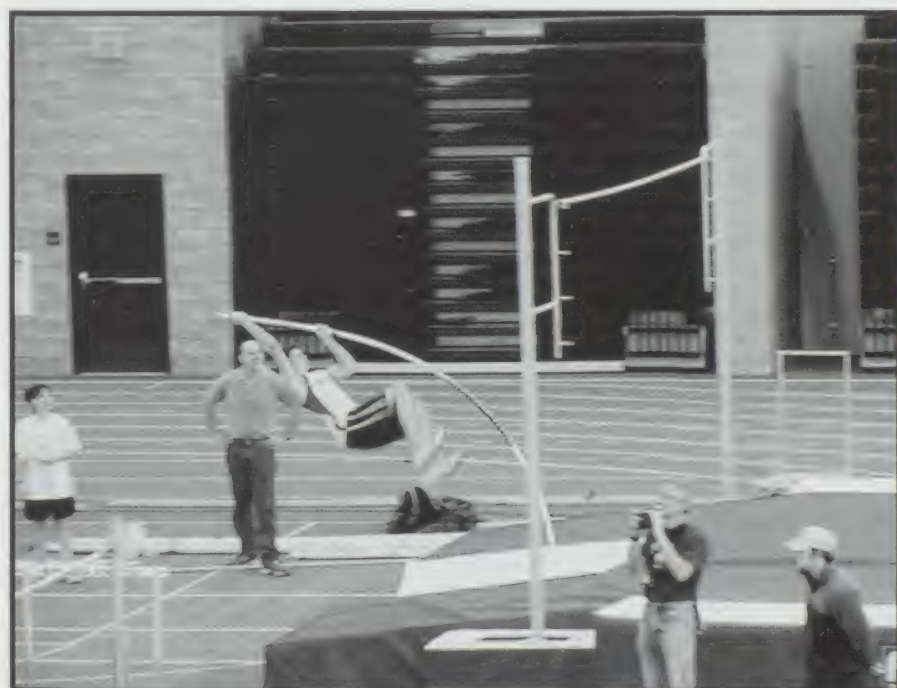
# RUN



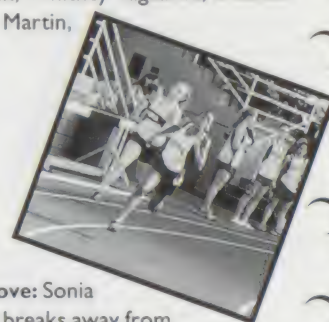
Above: Craig Hunter, Ben Bielonko, David Hoogewerff, Mike Cocca, and Roger Sircar pose for a camera shot after another successful meet.



Above: Top Row- Coach Mark Winarski, Mike Sullivan, Mike Trombley, Matt Zaczynski, Matt Tyo, Craig Hunter, Cory Weathers, Roger Sircar, Ben Bielonko, David Hoogewerff, Doug Hackenyos; 3rd Row- Holly Benard, Shannon Murphy, Rob Fahrenholtz, Kevin McCarry, April Morrison, Chelsea Lawrence, Heather Short, Andrea Ruotolo, Mike Cocca, Danielle Monseigneur, Thomas Parise, David Wilson, Sean McGuinness, Coach Amy Pastormerlo, Coach Domenico Casolari; 2nd Row- Chris Ewald, Matt Brew, Matt Rigby, Kathryn Brewer, Chelsea Donahue, Nora Parsons, Kayla Fahey, Rachael Dardaneli, Katelyn Willoughby, Victoria Christian, Michael Ansman; Bottom Row- Wesley Lowderback, Whitney Tagliavini, Danielle Loughrey, Jackie Blazy, Sonia Hill, Amanda Martin, Jess Giller, Erin Waters



Left: Ben Bielonko continues his success in pole vaulting with another high jump victory.



Above: Sonia Hill breaks away from the pack once again.

Below: (left to right) Sonia Hill, Rob Fahrenholtz, Whitney Tagliavini, Craig Hunter, Nora Parsons, Whitney Tagliavini





# In Good SPIRITS!

The 2003-2004 cheering season was another rebuilding season. With only two seniors leaving, next year the team will come back stronger than ever. The girls on the team have a lot of heart and Dedication to the sport, and with more numbers, the team could be great. But it doesn't matter to them, they just love to cheer. Special thanks to the very dedicated Geerem Nicolson, who was an excellent coach! The seniors, Kassie Scheitlin and Amy Spadorcia wish the best of luck in the future. Keep on smiling girls!



Above: Top Row- Katlin Baker, Rose Fuller, Amy Spadorcia, Stacy Cauley;  
Bottom Row- Lindsay Bertrand, Rachel Cosker, Catherine Brunette



Above: Captains- Rachel Cosker and Amy Spadorcia

Right: The 2003-2004 Cheerleading Squad



Above: Rachel Cosker cheers on the Basketball team!

Below: The cheerleading squad pumps up the crowd throughout the game!





This year started with a great change. Our team increased greatly in size and we were introduced to a new coach. It was an adjustment dancing with so many new girls and getting to know a new coach. But starting with a strong foundation and a close bond, the Suffield High School dance team pulled together, with a positive and eager attitude. Thanks to our devoted coach, Stacey Hardy, we had an excellent year with many new dances. With the increased size of girls on the team this year, we had three great coaches who were always there for the team. Overall it was a great year in which a lot was accomplished.

Spicing Up  
Halftime!

# Step Into It!



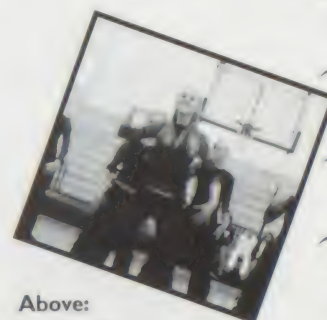
Above: Captains- Melissa Rancourt, Jessica Rafalowski, and Becky Brown



Above: Top Row- Becky Brown, Melissa Rancourt, Jenna Mark, Jessica Rafalowski, Kristi Laprade, Christina Ruggiero; Second Row- Kelly Blais, Tiffany Doane, Jennifer Cmara, Kelly Spremulli, Jennifer West; Third Row- Karah Laprade, Ashley Bridgman, Jennifer Senofonte, Valerie Longhi; Bottom Row- Samantha Ridley, Shannon Heyse, Kathryn Spencer, Stephanie Shimmel

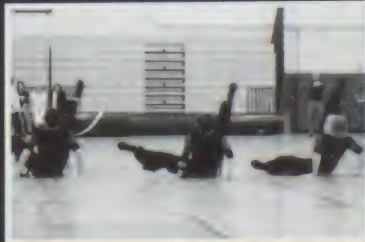


Left: Seniors- Melissa Rancourt, Kristi Laprade, Christina Ruggiero, Becky Brown, Jessica Rafalowski, and Jenna Mark



Above:  
Jennifer Cmara  
dances her heart out!

Below: Dance team puts on a show for the basketball halftime!

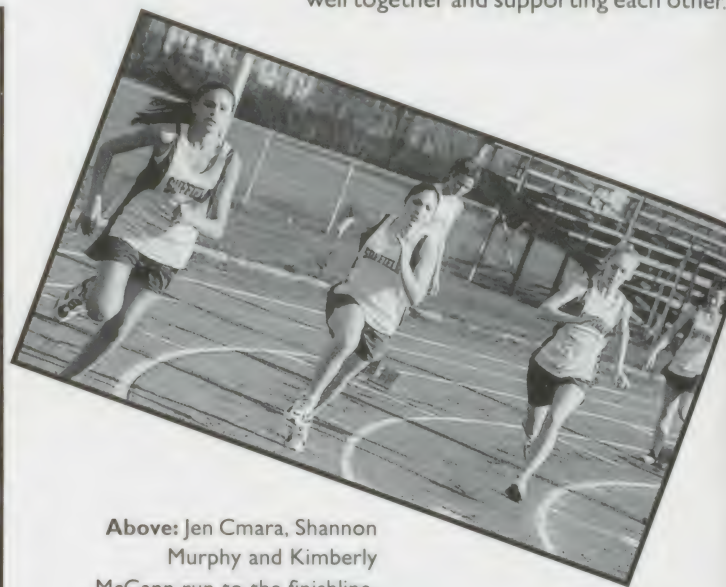




# On The Run

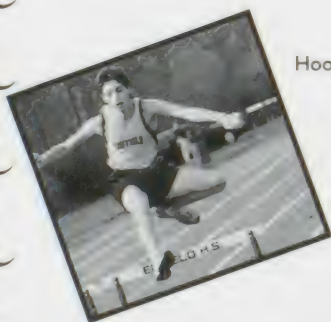
## The track team goes the distance

For the girls it was a tough season in the beginning, losing top notch seniors from the year before; nevertheless we pulled through. The freshman that came up were a great addition to the team and the returning team members continued to work hard. We ended up having a great season, doing better than anyone had ever expected. Our captains provided great leadership by keeping us focused and motivated. The boy's team also did a tremendous job. Going into the season with room for improvement the boys really stepped it up and they proved to be tough competitors. Both teams had a very successful season, working well together and supporting each other.



Above: Jen Cmara, Shannon Murphy and Kimberly McGann run to the finishline.

Above: Top Row- Kristin Liquori, Emily Willoughby, Elizabeth Gracey, Kimberly McGann, Sarah Padegimas, Muriel Hoffacker, Emily Nilson, Jessica Giller; Second Row- Givanina Vono, April Morrison, Chelsea Lawrence, Jen West, Tara Kirkland, Jen Cmara, Sonia Hill, Kayla Fahey, Erin McHugh; Third Row- Kristina Miner, Christina Dell Aquila, Whitney Tagliavini, Jaclyn Blazy, Erin Waters, Brianna Flynn, Rachael Dardenelli, Kately Willoughby; Last Row- Danielle Loughrey, Amanda Martin



Above: Matthew Tyo jumps ahead.

Right: James Rinaldi, Matthew Tyo, David Hoogewerff, Michael Trombly, Robert Fahrenholz, Andrew Goff; Second Row- Stephen Bixler, Brandon Cauley, Christopher Bromson, Cory Weathers, Douglas Hackenyos Michael Ansman, Kasey Christian, Alex Sauter; Third Row- Robert Chapman, Timothy Chan, Dylan Kirkland, James Fearon, Matthew Rigby Thomas Parise, Peter Masso



Below: (right to left) Mike Trombly, Chelsea Lawrence, Michael Sullivan, William Hill





There were a lot of new members to the boys' team this year who contributed well. The team exceeded our expectations. Next year we hope to play even better and have a great showing in the NCCCs and states. It all hinges on who practices.

## Golf works its way to the top

# One, Two, FORE



Above: Jessica Masso makes a great swing



Above: Caylene Frechette, Amber Higley, Sarah-Jean Griffin, Jessica Masso, Allison Duni (not shown- Michele Longhi and Teresa Rogers)



Left: Daniel Brault, Jason Abrams, John Adamczyk, Jason Thresher, and Brian Laflesh



Above: Allison Duni gets advice from her coach, Mrs. Cunningham

Below:(right to left) Brian Laflesh, Alex Merrill, Caylene Frechette, Jay Adamczyk





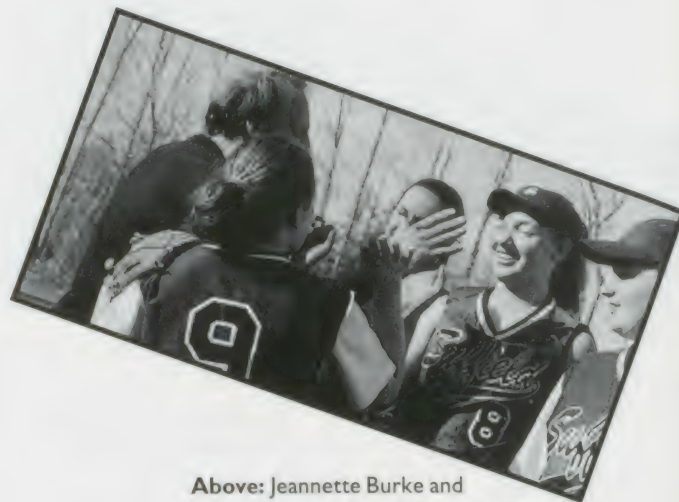
# Play Ball

Unity key to  
successful season

The 2003 varsity and junior varsity softball teams both had a good season. The varsity team came in second place in the NCCCs. Both teams worked great together every game. The team was ranked 13th in the 2003 tournament. Everyone tried really hard to achieve their goals. Overall it was a great season and the team is looking forward to next year.



Above: Top Row- Krystal Eisenhaure, Kelly Blais, Kristine Goulding, Jeannette Burke, Tiffany Doane; Second Row- Caitlin Woods, Megan Burlingham, Kate Zuraw, Jessica Doane; Third Row- Mariko MacKinnon, Amber Lacivita, Marisa Packard, Meredith Presser



Above: Jeannette Burke and her teammates a high five from her coach

Right: Lea Collins, Ashley McMann, April McWha, Kara Pellin, Heather Luzusky, Katherine McKeon, Ashley Parker, Kristin Naismith; Second Row- Karah Laprade, Rachel Chittenden, Christy Biddlecom, Jessica Orr, Christina Couture, Jaime Pearsons, Valerie Longhi



Above: Tiffany Doane steals a base

Below: (left to right) Jeannette Burke, Tiffany Doane and Caitlin McGunigle, Catlin Woods, Kelly Blais





The 2003 Varsity Baseball team finished the season with a record of 6 wins and 10 losses, falling one win short of qualifying for the state tournament. They relied on good defense and excellent pitching, but struggled with scoring runs. Their final game, which they needed to win to make the tournament, was rained out and couldn't be rescheduled by the tournament deadline. The team will lose four seniors to graduation, but with a lot of hard work, we look forward to a promising 2004 season.

# Time To Play Ball America's Favorite Pastime



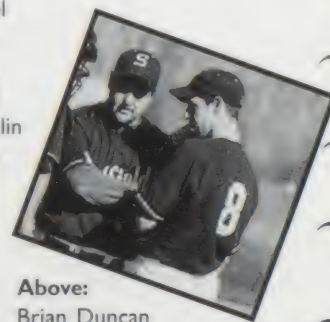
Above: Matt Zaczynski gets another player out



Above: Top Row- Cory Weathers, Timothy Mandirola, Nathan Rheault, Matthew Zaczynski, Roger Sircar; Second Row- Christopher Voge, Matthew Cooper, Brian Duncan, Samuel Janik, William Kingman; Third Row- Michael Blanchette, Bryan Sullivan, Paul Pdegimas, Paul Alaimo, Anthony Bermani

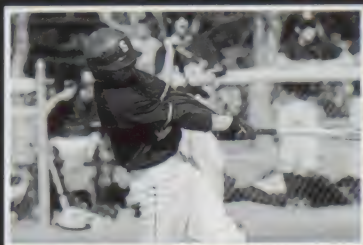
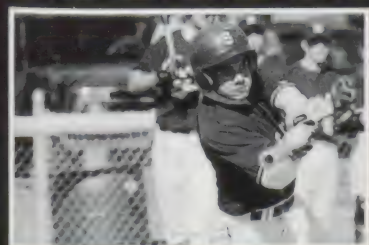


Left: Top Row- Ryan Maliga, Aaron Smith, Anthony Trout, Adam Weathers, Michael Koistinen, Joshua Strouth; Second Row- Patrick Cooper, Ryan Wenzel, Timothy Dupuis, David Moriarty, Rob Poit; Third Row- Dave Wilson, Bobby Kingman, Colin Packard, Mike Devine, Mark Beltramello



Above: Brian Duncan gets advice from his coach

Below: (left to right) Roger Sircar, Samuel Janik, William Kingman, Roger Sircar





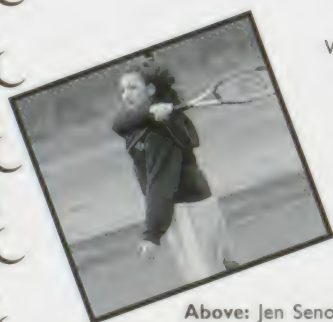
# Backhand Forth

More than just  
a game

The 2003 tennis team has had a good year. The boy's team had a record of 3 wins and 8 losses and the girl's team had 9 wins and 4 losses. Both teams experienced new coaches this year that helped the teams with their weak points and coached them on what to do during matches and how to be winners. The weather outside was also an obstacle which didn't help out our playing, along with losing seniors. But overall, both teams have greatly improved by the end of the season and should be back even stronger next year.



**Above:** Top Row- Christina White, Sarah Brueno, Jennifer Senofonte, Ashley Fleming; Second Row- Amanda Morris, Katie Tunsky, Jessica Rafalowski, Melissa Rancourt, Cassie Soni, Jacqueline Lewis; Bottom Row- Veronica Schmidt, Toni Cigal, Zahra Nims, Malorie Senofonte, Elsa Hoffacker



**Above:** Jen Senofonte finishes up a strong swing.

**Right:** Top Row- Michael Ansman, Mitchell Buder, Michael Schorr, Robert Fahrenholz, Nicholas Seccareccia; Bottom Row- Matthew Gallo, Christopher Bromson, Jonathan Wiyand, David Hoogewerff, Brent Creighton, Adam Davidson



**Below:** (left to right) Jacqueline Lewis, Nick Seccareccia, Melissa Rancourt, Matthew Gallo

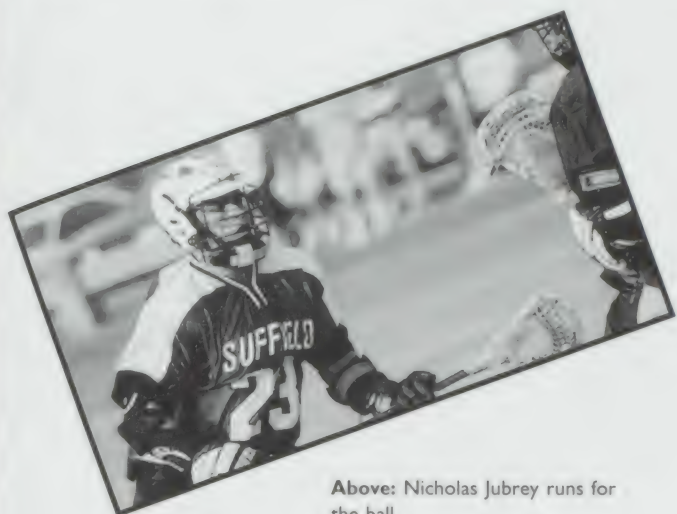




This year the team went into the season with higher hopes. Even though the team lost some key seniors, the team had an even better addition, which was the new coach. Coach Bazyk led the team to more victories from the previous season, including the team's first trip to the Division II State Tournament. The offense was led by Mike Maagero, Ben Denno, and Ben Walsh, while Corey Hinckley and Corey Peterson backed them up on defense. Losing top notch seniors this year will make it tough for next year, but everyone is proud of their many accomplishments this year, and with the years to come the team will only get better.

An overview of  
the year in  
sports

# Ground Ball



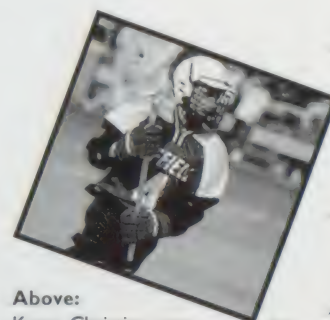
Above: Nicholas Jubrey runs for the ball



Above: Top Row- Matthew Loveland, Christopher Ewald, Ryan Cappa, Gregory Tower, Brian Bujak, Corey Hinckley, Matthew Zywiak, Joseph Cavallaro, Douglas Hackenyos, Thomas O'Brien; Second Row- Joseph Lawrence, Adam Gable, Nicolas Roder-hanna, Paul Berube, Kory Peterson, Ben Walsh, Nicolas Jubrey, Scott Vanhaltern, Kasey Christian; Bottom Row- Andrew Sollish, Micheal Young, Nicholas Colarusso, Stephen Moore, Jimmy McCabe, Sean Johnson, Micheal Diloranzo

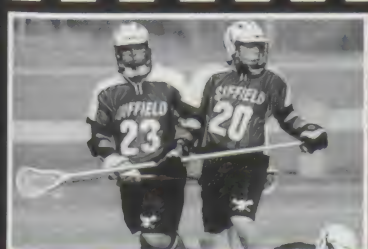


Left: Corey Hinckley blocks his opponent



Above:  
Kasey Christian runs  
to make a goal

Below: (left to right) Nicholas Jubrey and Kory Peterson, Corey Hinckley, Coach Bazyk, Douglas Hackenyos













# Involved

## Getting

### Clubs at *SHS*

Getting involved in clubs at SHS is a great way to meet new people or to do something productive with your friends and classmates. SHS has a variety of clubs-- something to suit everyone's interests. Featured on this page are some of the clubs that are new to SHS this year!



#### Anime Club

Mark Halse  
Matthew Olson  
Daniel Unsderfer  
Maribeth Boyd  
Jeanette Yuodis  
Ryan Wenzel  
Tony Myers  
Jason Halse  
James Pease  
Steve LaPane  
Tim Pepler  
Ryan Lee

Nathan Lamagna  
Gillian Baxter  
Mel Ramano  
Jacob Cintron  
Dan Wrobel  
Sergi Switalski  
Chris Benson  
Andy Jones  
Kyle Smith  
Pat Pease

Advisor: Mr. Gowdy



#### Prayer Group

Christine Cannon  
Lauren Cicitto  
Christina Gancarz  
Laura Kehoe  
Jamie Pearsons  
Cassandra Pease  
Kellen Rice  
Bethany Roy  
Chelsea Seabury  
Robyn Smith  
Kara Pellin

Advisor: Mrs. O'Donnell

## Gay-Straight Alliance

### G S A

The Gay-Straight Alliance (GSA) is a new organization at Suffield High School that is part of a national network of such groups that strive to, with the help of advisor Mrs. Christine Hoffacker, meet the following goals:

1. Create safe environments in schools for students to support each other and learn about homophobia and other oppressions.
2. Educate the school and community about homophobia, gender identity, and sexual orientation issues.
3. Fight discrimination, harassment, and violence in schools.



## Mountain Bike Club

Aaron Shelanskas  
Shane Lewis  
Ajay Shenoy  
Greg Wrobel  
John Daly  
Dave Marryat  
Jimmy Sheridan  
Chris Poit  
Jason Trombly  
Ben Adams

**Advisor:** Mr. Cosma



## Robotics Club

Pat Pease  
Chris Davis  
Adam Bulgajewski  
Justin Foss  
Ross Marx  
Ryan Maliga  
Alex Justesen  
Dan Book  
Jon Kozloski

**Advisor:** Mr. Wanat



## Interact Club

Chelsea Seabury	Caitlin McGunigle
Kassie Soni	Lauren Hall
Carolyn Kwiat	Ashley Taylor
Michelle Salamone	Riel Hoffacker
Brianna Flynn	Emily Reeves
Catherine Olier	Sean McGuinness
Whitney Tagliavini	
Lauren Chaplin	
Catherine Giallanza	
Marissa Giallanza	
Katie Bartus	
Tim Fasano	

**Advisors:** Mr. Garvey & Mrs. Lombard



## Giraffe Club

Michael Ansman	Ayesheh Nims	Sean Willoughby
David Wilson	Kathryn Brewer	Jackie Czerniak
Jason Fletcher	Andrea Roccanti	Melanie Brown
Mike Schorr	Charlotte Simmons	Daniel McEleney
Devin Potter	Colin Packard	Melissa Rancourt
Julie Jenkins	Sean Morrison	Krsiten Lefferts
Jon Wiegand	Katelin Sherman	Ashley Fleming
Nicole Santiago	Jessica Giller	Kayla Fahey
Michele Santiago	Holly Benard	Sara Coleman
Sarah Brueno	Chelsea Phillips	Emily Merrick
Michelle Salamone	Emily Willoughby	Stephanie Landry

**Advisor:** Mr. Sullivan





# to Applaud

# A performance

## Jazz Ensemble

Nadine Wright	Laura Kehoe
Jaime Pearsons	Christine Cannon
Rayshelle Mazur	Lauren Cicitto
Katie Donovan	Dave Wilson
Emily Reeves	Ricky Burke
Dan Book	Catherine Thresher
Derrick Mathieu	Dane Scozzari
Aaron Bielonko	Brian Spellman
Chris Kwiat	



## Symphonic Band

Nadine Wright	Brooke Carberry	Chris Kwiat	Dan Bryll
Lindsay Bertrand	Emily Reeves	Robyn Smith	Dan Book
Kelie Lee	Chelsea Lawrence	Laura Kehoe	
Nicole Engel	Katie Donovan	Jenny Samsom	
Jenn Cmara	Jess Giller	Christine Cannon	
Nina Vono	Rayshelle Mazur	Lauren Cicitto	
Ayesha Nims	Emily Neilson	Jacki Blazy	
Sara Gardocki	Anne Santaniello	Doug Hackenyos	
Morgan Denno	Courtney Walker	Dave Wilson	
Gretchen Eastman	Cassie Pavel	Ricky Burke	Manager:
Andrea Ruotolo	Liz Shamy	Tyler Diprato	Lisa Pastula
Lauren Smith	Beth Roy	Larry Cauley	
Shannon Heyse	Erin Horanzy	Catherine Thresher	
Brynn Scozzari	Jaime Pearsons	Holly Benard	
Tierney Vadervoort	Derrick Mathieu	Dane Scozzari	
Elena Corsair	Aaron Bielonko	Josh Waddell	



## Drama

Erin McMurray	Josh Hirst	Joyce Munson
Aaron Stepanek	Chelsea Donahue	Andrew Preissner
Chris Kwiat	Cori O'Brien	Ryan Sindler
Peter Brunette	Lisa Pastula	Brian Spellman
Lanze Spears	Catherine Brunette	Malachi Knowles
Mr. Gailard	Shawna Withee	Stephanie Landry
CeCe Weber	Natale Dolnick	Rayshelle Mazur
Richelle Ouellette	Laura Rinaldi	Nicole Lussier
Arnie Craven	Jenn Cmara	Chelsea Skawski
Siena Picchioni	Jen West	Emily Willoughby
Alex Munson	Christina Ruggiero	Nichole Henoa
Madison Munson	Lisa Muscarella	Sarah Loveland
April Nicotera	Alex Justesen	Sam McMurray
Vicky Christian	Sean Morrison	Christine Wilson
Alison Silver	Ben Adams	Matt Tyo
Julie Wittenzellner	Rachel Panasewicz	Director: Mrs. Holland



## NCCC Band

Nadine Wright
Emily Reeves
Jaime Pearsons
Laura Kehoe
Christine Cannon



# Student Aides

## Student Activity Board

Clare Tarracciano  
Rob Farenholtz  
Cathy Olier  
Kelly Blais  
Kassie Soni

**Advisor:** Mrs. Parker



## Peer Mediation

Danielle Monsiegnur	Jamie Neilson
Sean Kennedy	Kristen Lefferts
Keri Ann Brunault	Chrstina Ruggiero
Ali O'Halaran	Sarah Griffin
Jen Perlroth	Michelle Longhi
Tom O'Brien	Ryan Smith
Mike Maagero	Brian Carney
Robyn Smith	
Laura Kehoe	
Devin Potter	
Steve Sutton	
Matt Rigsby	

**Manager:** Ashley Mattsen



# Intellectual Analysis



**Advisors:** Ms. Johnson & Mrs. Katz

## Newspaper

Michele Longhi	Rachel Panasiewicz
Christine Cannon	Billy Chapman
Nadine Wright	EJ Clark
Renee Chmiel	Chelsea Donahue
Emily Reeves	Lauren Gates
Matt Connelly	Laura Kehoe
Jenny Sansom	Whitney Tagliavini
Clyant Sirois	Ben Walsh
Tyler August	Ryan Wenzel
Kim Dupuis	
Kathryn Spencer	
Liz Shamy	



**Advisor:** Mrs. Holland

## Debate Club

**Captains:**  
Jackie Blazy  
Mitchell Buder  
Stephanie Raducha

Riel Hoffacker  
Brian Carney  
Alex Munson  
Stephanie Landry  
Eli Peck



# Leading the Way

# On Stage

## Camerata

Joseph Antelmi	Jackie Lewis	Jennifer Samson
Christopher Benson	Amanda Lineweber	Ann Santaniello
Kelly Blais	Erin McMurray	Alex Sauter
Jamie Brause	Traci Mnich	Amanda Scozzafava
Christine Cannon	Evan Moreau	Brynn Scozzari
Victoria Christian	Amanda Morris	Chelsea Seabury
Lauren Cicitto	Alex Munson	Rachel Sherwood
Michael Cooper	Madison Munson	Allison Silver
Tim Fasano	April Nicotera	Chelsea Skawski
Brianna Flynn	Alexandra O'Halleran	
James Grant	Jaime Pearsons	
Shannon Heyse	Chelsea Phillips	
Muriel Hoffacker	Emily Reeves	
Laura Kehoe	Kellen Rice	
Elizabeth Lancaster	Melanie Romano	



## Chorus

Tim Fasano	Amber Riccio
Brianna Flynn	Dale Rollet
James Grant	Christina Ruggiero
Elizabeth Lancaster	Rachel Sherwood
Carmen Lucarz	Allison Silver
Erin McMurray	Matthew Spellman
Alexander Munson	Aaron Stepanek
Madison Munson	Allison Zaczynski
Christine Pepka	Ben Zavisza



## National Honor Society

**Advisors: Mrs. Miner & Mrs. Pierce**

Joe Abrams	Kristine Lefferts	Nick Seccareccia
Kelly Blais	Emily Leveille	Aaron Smith
Chris Bromson	Jackie Lewis	Robyn Smith
Rebecca Brown	Jessica Masso	Whitney Tagliavini
Mitchell Buder	Erin McHugh	Clare Tarracciano
Caitlin Castle-Smith	Emily Merrick	Ashley Taylor
Victoria Christian	Amanda Morris	Rachael Toce
Matthew Connelly	Sarah Padegimas	Jess Torone
Chelsea Donahue	Cassandra Pease	Katie Tunsky
Allison Duni	Jen Perlroth	Caitlin Woods
Timothy Fasano	Devin Potter	Greg Wrobel
Caylene Frechette	Stephanie Raducha	
Christine Gancarz	Emily Reeves	
Sarah Griffin	Karen Saunders	
Laura Kehoe	Chelsea Seabury	



## Student Senate

**Advisor: Mr. Casolari**

Chris Bromson	LeRoy Robinson
Laura Kehoe	Devin Potter
Emily Reeves	Mark Chaplin
Jackie Blazy	Ed Walsh
Joe Antelmi	Mike Schorr
Mike Ansman	Tom Parise
April Morrison	Jackie Lewis
Carla Wilson	
Sara Kubehn	
Stephanie Landry	
Kim Dupuis	
Catherine Spencer	



## Class of 2004

Kassie Soni	Jamie Shankman
Karen Saunders	Rachael Toce
Christina Ruggiero	Meghan Thompson
Caitlin Castle-Smith	Emily Reeves
Jess Torone	Caitlin Woods
Aaron Bernstein	Joe Cavallaro
Matt Gallo	

**Advisors:** Mr. Cosma & Mrs. Klaus



## Class of 2005

Mitchell Buder  
Kristen Lefferts  
Chris Bromson  
Allie Duni  
Chelsea Lawrence  
Aaron Smith  
April Morrison

**Advisors:** Mrs. Lombard & Mr. Sullivan



**Advisors:** Mr. Gaillard & Mr. St. Amand

## Class of 2006

Melanie Brown  
Michelle Salamone  
David Wilson  
Brianna Flynn  
P.J. Masso  
Lauren Christofori  
Dianna Macari  
Chelsea Phillips  
Jason Fletcher



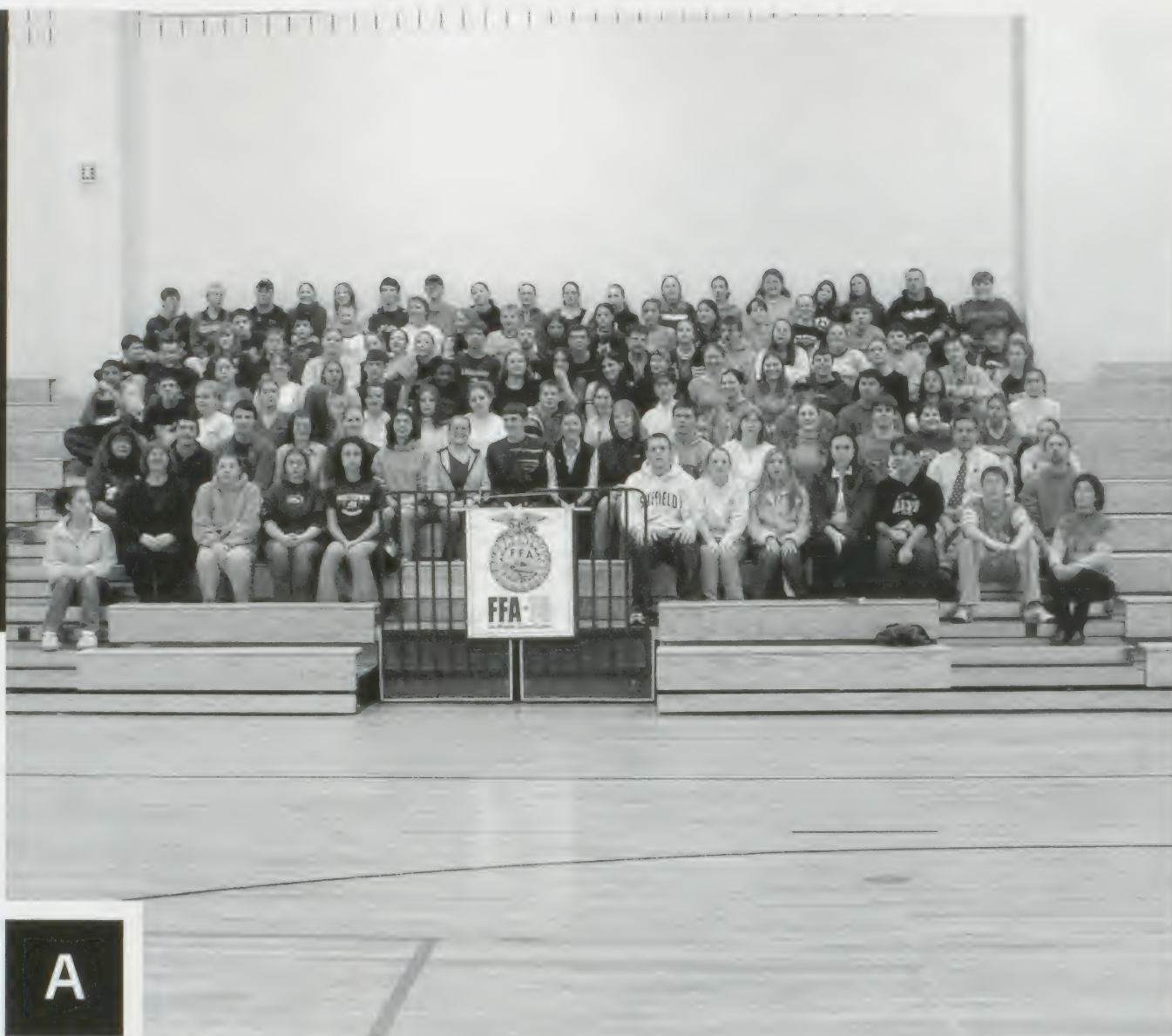
**Advisor:** Mr. Casolari

## Class of 2007

Diana Mark  
Alicia Baumann  
Nicole Boudreau  
Allyson Winne  
Domenico Casolari



F



A

A: FFA gets together for a group picture.

The National FFA Organization is dedicated to making a positive difference in the lives of young people by developing their potential for premier leadership, personal growth and career success through agricultural education. Established in 1928 with 33 students from a total of 18 states, the organization is now comprised of over 500,000 students from all 50 states, Puerto Rico, Guam and the Virgin Islands.

Our FFA Chapter here in Suffield was established in 1964 when the agriscience program moved from the town of Enfield to Suffield. This year, the chapter has over 120 students, the largest numbers it has seen since its opening. In the 39 years since the establishment of the chapter, it has received many honors and accreditations; at the National FFA Convention this year, it was honored with the National Star Chapter Award and received two stars, out of a possible three.

As the FFA continues to grow throughout the world, our chapter will do the same. Each year by expanding the opportunities for the students, it is clearly evident that the best is yet to come.

By: Kellie Sobinski

A



B: The FFA officers smile for the camera.

C: Brent Creighton and Julie Wittenzellner at the Big E Floral Demonstration booth.

D: Making wreaths is an important part of the FFA holiday season. Here a group is working hard. From left to right: Tommy Sheridan, Lindsay Schultz, Cathy Giallanza, Angela Giallanza, Danielle Sitler, and Michelle Owens.

E: Ivan Bojic with the classroom rabbit.



B



C



D



E



Tyler August at the FFA Creed Speaking Competition.

## Envirothon



Tyler August  
Cassandra Pease  
Vicky Christian  
Mike Sullivan  
Emily Leville  
Patrick Sullivan  
Kate McKeon  
Jillian Moser

Advisor: Mrs. Willard



# SUMMER

## *Fun In The Sun*

After spending nine months writing papers, studying for tests and attending sports practice, students count down the days until summer vacation begins.

Whether it's spent partying, tanning, or traveling abroad, a time for students to much needed break.

While many students spend until noon, others working a summer forming new

Nothing beats the feeling knowing that there will be no school

being able to stay up as late as one wishes. Now that school has finally

ended, all 185 days of it, have fun this summer and treasure it, maybe

try a new activity or get a job and save some money. Whatever you do

make sure to have some fun!



Katie Tunsy, Jamie Nielson, and Jess Masso work tobacco during the summer.



Leah Olmoz and Caitlin Daley chill on the last day of school before summer break.



Curt McCloud, Matt Connelly, Adam Davidson, Matt Baker, Matt Gallo, and Nick Secceracia enjoy the beach during the good old days when they were younger.





Mike Maagero enjoys water skiing as a past time during the summer.



Wayne Gates and Marc Vanholtern chill on some rocks.



Chris Bromson poses for the camera with a nice pair of sunglasses.



Kristen Lefferts, Christina White, Scott Vanholtern, Janna Haag, Kayla Fahey, Stephanie Gauthier, Eric Lacivita, Nick Jubrey, and Dave Moriarty enjoy hanging out together during the summer.



# Define Yourself



**Brow' Pierce**

**Piercing**

"I enjoy having it, it wasn't painful, and I'm glad I got it done."

**Brian Barao**  
Senior



**Sick Band**

**Arm Band**  
"It fits my style."  
**Kira Kilosky**  
Senior



Brian Barao 04

Doug Levesque 07

Scott Murdock 05

Savanna Lynch 04

Christine Wilson 07

Kira Kilosky 04





## Phat Tat!

### **Tattoos**

*"I just wanted them."*

**Eric Brefort**

**Senior**



## Hip-Hop Style

### **Clothing**

*"I did it for the hood."*

**Edwin Edwards**

**Junior**



## Sweet Bag

### **Accessories**

*"It matches my belt."*

**CeCe Weber**

**Senior**



Eric Brefort 04

Edwin Edwards 05

Karah Laprade 06

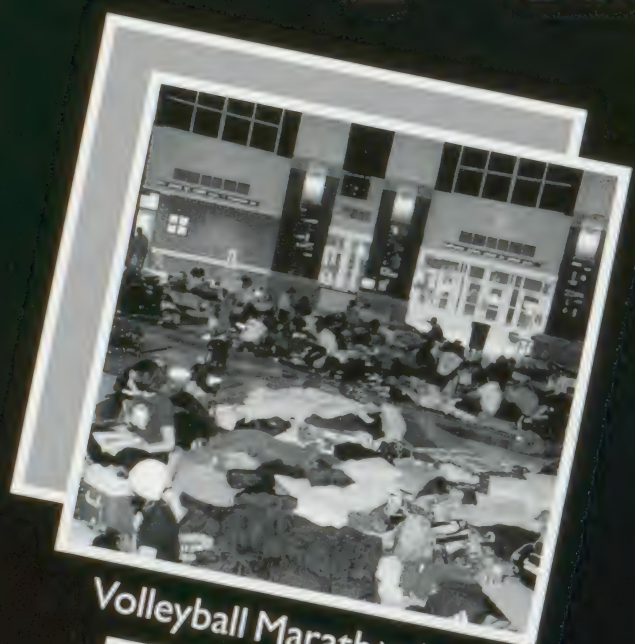
CeCe Weber 04

Zach Rheault 04

Ali Bromson 07



# Over the Years 2000 2001 2002 2003 2004



Volleyball Marathon!



When I came into school Freshman year I was excited and scared. I was excited because I was finally starting High School and I felt like I was moving up in the world. I was scared because I was going to be a Freshman. I was scared of the seniors and I was scared of the harder classes. After a couple months passed by we engaged in a school tradition. It was called Spirit Night. All I heard about it was that the Freshmen go and get made fun of. But I went with my friends anyways, and had a blast! Next year my friends and I attended as Sophomores , and we went Junior year as well. Then finally Senior year, where it was our turn to chant the inevitable "Freshmen" chant. Over the years is a layout to show how Suffield High School has helped everyone. It helped me have fun and grow up, SHS made me take responsibility to get projects and deadlines done. It also helped everyone retain memories of High School with examples of the Volleyball Marathon, Spirit Night, Fundraisers, Sports and Talent Shows. Things that we get out of this school will be with us forever. So that is what this yearbook layout is for, it is to help remind people of how Suffield High has shaped everyone in one way or another.

## Spirit Night

Freshman Yr.

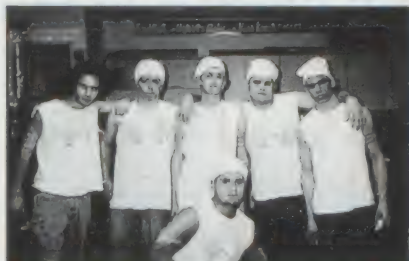
Sophomore Yr.

Junior Yr.

Senior Yr.!!!!

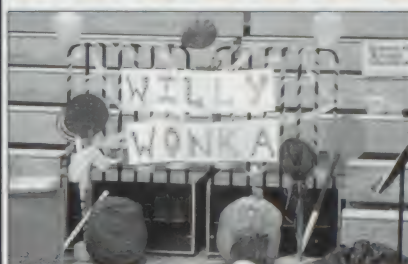






## Sophomores

## Juniors



**Class Night:** In eighth grade, Students from The Class of 2004 gathered around the Green



**2003 Junior Prom:** Students pose together for a camera shot!



**Left:**  
"As You Like It"  
School Play



**Right:**  
Friends Chillin'  
in the hallway



# FACULTY



Mr. Garvey listening to the Faculty meeting.



Our Principal Mr. Jones standing proud of our school.

## Because I am a teacher, I...

- Author poems like this one when I'm really thinking about why I love my profession.
- Balance school life with personal life though all too often school wins.
- Conserve energy for what matters: Reading student's work.
- Document all the attempts I make to teach students how to be responsible for their learning.
- Edit more student writing errors than I should.
- Find time in my busy day to do just one more thing.
- Gather teaching ideas in three ring binders.
- Hurt from my heart to my toes when my students are suffering.
- Invest all of myself in my students, except when I'm investing myself in my family.
- Jostle my many hats to make sure they all get worn in their right season.
- Kindle a love of reading that will last all life long.
- Launch yet another yearbook production even though I'm tired of always being "on top of it".
- Motivate myself to care day after day after day.
- Never give up on students who want to give up on themselves.
- Organize my day, life, my book bag.
- Perform magic acts to make the hard work of writing "fun".
- Quit hoping for a positive attitude in the teacher's workroom.
- Revise my view of that problem student who just surprised me-again.
- Simplify, simplify, simplify!
- Translate my four-syllable vocabulary into "plain English".
- Understand why students are stressed; I'm stressed too.
- Verify that I am a teacher by filing weekly lesson plans.
- Wonder why scholarship sponsors put down teaching as a going-nowhere profession.
- Xerox handouts.
- Zigzag haphazardly from task to task, day to day, week to month, working harder than I ever used to, trying to LOVE every minute of it!

by Nancy Kampfe





Mrs. O'Donnell and Mrs. Klaus pause for a moment to take a picture.

# AT



Mr. Garvey, Ms. Cunningham, and Mrs. Lombard kicking it "old school".



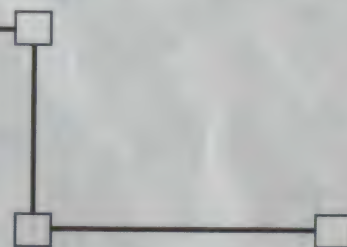
Mrs. Hoffacker keeps her sense of humor.



Ms. McGurn joining in on our fun lunch games in the old high school.

# SHS

# 2004





# FACULTY



**Thomas Jones**  
Fairfield University BS  
University of Rhode Island MS  
Rhode Island College CAGS  
Principal - 4 years



**Edward Garvey**  
Westfield State College MS, CAGS  
Assistant Principal - 16 years



**Sharon Akkouris**  
Educational Assistant  
4.5 years



**Martha Anderson**  
English  
Smith College BA  
Indiana University MA  
1 year



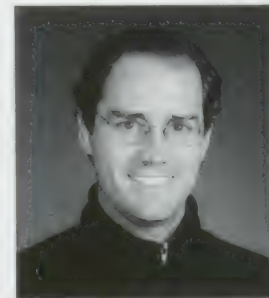
**Paula Anderson**  
Bay Path College Associates  
Secretary - 5 years



**Francis Aniello**  
Springfield College BS  
Physical Education  
27 years



**Molly Baumann**  
Curry College BSN  
Nurse  
8 years



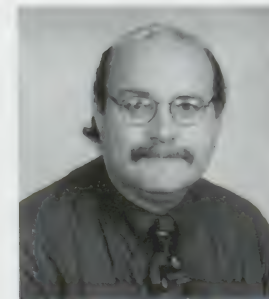
**Mark Beigel**  
University of Rochester BA  
UMass MED  
Science - 2 years



**Karima Belemlih**  
Jacksonville State BA  
Spanish/French  
2 years



**Miriam Blackaby**  
Media Center Educational Assistant  
Mid-Herts College BS  
13.5 years



**Luis Bosch**  
Ramapole BS  
UMass Amherst MS  
Science  
3 years



**Michael Bouyea**  
AIC  
Westfield State College  
Mathematics  
3 years







**Jennifer Brewster**  
Bay Path College Associates  
Educational Assistant  
1 year



**Celeste Cannon**  
Montclair State BA  
CCSU MS  
Special Education  
5 years



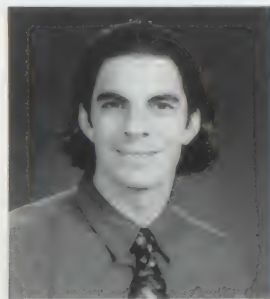
**Sue Carlson**  
Rockford BS  
CCSU MS  
Lesley College MS  
Business - 14 years



**Carl Casinghino**  
Princeton BA  
NYU GFP  
Union Institute & University MA  
French - 7 years



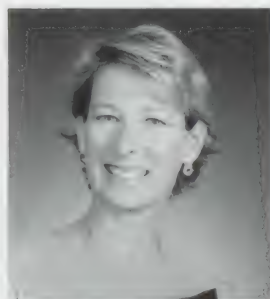
**Domenico Casolari**  
Boston University BS  
Simmons College MA  
Mathematics - 3 years



**Christopher Cosma**  
Stonehill College BA  
Mathematics  
4 years



**Diana Cunningham**  
CCSU BS  
Lesley College MS  
St. Joseph's College MS  
Physical Education - 20 years



**Libby Deedy**  
Bryant BS  
Rensselaer at Hartford MS  
Business - 11 years



**Natalie Donais**



**Steve Dudeck**  
WNEC BS  
Westfield State M. Ed.  
Business - 5 years



**Paul Dumais**  
Assumption BA  
CCSU MS  
History - 1 year



**Beatrice Duni**  
Secretary  
38 years







**Michael Duni**  
St. Anselm College BA  
Westfield State College MA  
UMass Amherst Ph.D  
English - 33 years



**Noreen Egan**  
UConn BA  
Permanent Substitute  
3 years



**Robert Eggleston**  
Westfield State College BS  
Physical Education  
4 years



**Guy Fortunato**  
Sacred Heart University BA, MS  
English  
1 year



**Diane Gabel**  
Regis College BA  
Academic Support  
1 year

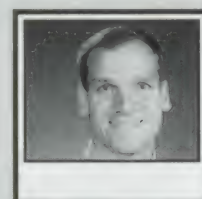
## What Were They Like in High School?

Have you ever wondered what your favorite teachers were like when they were in high school?



"I was talkative and a wise guy. I got in trouble, and I didn't like to do my homework. I hung out on street corners. This affected my grades." -Mr. Larson

"I was quiet for the most part and I was the jock. I played football, wrestled, and I was on the chess team. I was a smart jock, if there is such a thing." -Mr. Grimard



"I was painfully shy. I was a good student, I followed the rules, and I was very cooperative. But I was social outside of school." -Mrs. Potter

"I was a younger version how I am now. I still liked music. I played the piano and I practiced a lot. I wanted to be a concert pianist." -Mrs. Hoffacker



"I was a jock. I played football, basketball, and I was a car enthusiast. I was a typical red-blooded, all-American male." -Mr. Huppe





**Greg Gaillard**  
Keene State College BA  
Social Studies  
2 years



**Daniel Gatto**  
Springfield College BS  
Physical/Life Education  
1 year



**Beth Goulding**  
Providence College BA  
Immaculata MA  
Special Education  
1 year



**Jeffery Gowdy**  
CCSU BS, MS  
Social Studies  
33 years



**Harrison Griffin**  
UConn BS, MA  
Agriscience  
34 years



**Joseph Grimard**  
CCSU BS, MS  
Champlain College AS  
Earth Science - 4 years



**Darlene Harris**  
STCC Associates  
Secretary  
12 years



**Christine Hoffacker**  
Royal Conservatory of Music ARCT  
Royal Schools of Music LRSM  
Hartt School of Music  
Music - 3 years



**Stephanie Holland**  
SW & Middlebury/Oxford MS  
English  
2 years



**Edward Huppe**  
CCSU BS  
Western New England MS  
Mathematics - 2 years



**Charmane Jacobs**  
Asnuntuck Community College  
Educational Assistant  
1 year







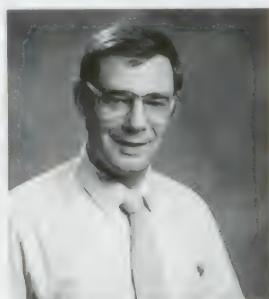
**Richard Jensen**  
Rutgers BS, MS  
Earth Science  
28 years



**Kristin Johnson**  
UConn BA  
Southern Connecticut MLS  
Librarian - 4 years



**Justin Kaput**  
UMaine BS  
Agriscience  
1 year



**Lawrence Katulka**  
CCSU BS, MS  
Social Studies  
28 years



**Gail Katz**  
NYU BA  
Yale MA  
Trinity BA  
English/Latin - 5 years



**Virginia Keith**  
UConn BS, MS  
Agriscience  
4 years



**Anne Kelly**  
Seton Hall University BS  
University of Kentucky MS  
Family/Consumer Science  
6 years



**Nancy Kelly**  
Trinity BA  
SUNY Albany MA  
Spanish - 6 years



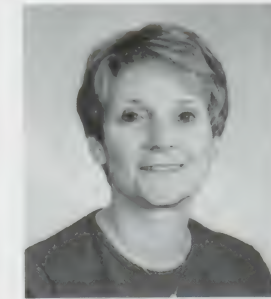
**Cathy Kerr**  
Bay Path College Associates  
Secretary  
6 years



**Ronald Kilby**  
CCSU BA  
Westfield State College MS  
Special Education  
7 years



**Ann Marie Kimmett**  
UConn BA  
Wesleyan University MALS, MS  
Mathematics - 4 years



**Barbara Klaus**  
Smith College  
Westfield State College  
Special Education  
2 years





**Harold Larson**  
Westfield State College BA  
Permanent Substitute  
12 years



**Ann Lewis**  
Educational Assistant  
1 year



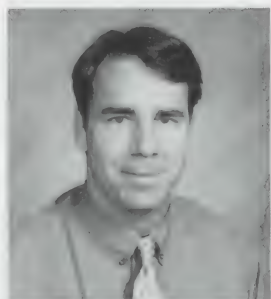
**Nancy Lombard**  
CCSU BS  
Southern Connecticut State MS  
Life Education - 23 years



**Robert Lowell**  
Head Custodian  
21 years



**Norah Lusignan**  
UMass Ed.D  
Psychologist  
17 years



**Kyle McCullough**  
American University BS, BA  
University of Hartford MED  
History - 5 years



**Katherine McGurn**  
University of Delaware BA  
History - 6 years



**Maryellen Mercik**  
Asnuntuck Associates  
Secretary  
3 years



**Joseph Migliore**  
UConn BS  
CCSU MA  
Music - 21 years



**Deborah Miner**  
Hillsdale BS  
Bowling Green State College  
Family/Consumer Science  
6 years







**Kristina Miszko**  
Springfield College BS  
AIC MS  
Guidance Counselor  
3 years



**Marcia Monsiegnur**  
Educational Assistant  
4 years



**Sally O'Donnell**  
UMass BA  
Westfield State University MED  
English - 23 years



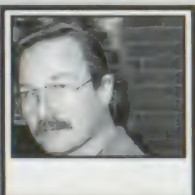
## What Did They Do Before Teaching?

Teachers had all kinds of interesting jobs before teaching at the high school level!



"I worked for food management in a dining hall, and I was the plant manager at a cheese processing plant. I also taught at the college level before teaching high school." -Mr. Casolari

"I worked at a golf course and at Turtleback Zoo in New Jersey. That's how I got started teaching. A teacher brought the animals at the zoo into classrooms and he had me do it once. I told stories and the teacher said I should go into teaching. After high school I swore I'd never set foot in a school again. Now I tell my students that working in a zoo makes me a better high school teacher." -Mr. Jensen



"I was in the Infantry in the army. Before I was drafted I was a machine designer for New Britain Machine." -Mr. Wanat

"I was a bellman at the Sheraton Hotel in Springfield. I also worked at KTKK, a radio station in Salt Lake City and WHYN in Springfield." -Sr. Shultis



"I pumped gas and changed oil. I also managed a motel at one point and did some secretarial work." -Mrs. Roy





**Sherry Paquette**

Manchester Community Associates  
UConn  
Academic Support - 4 years



**Cathy Peerless**

University of North Carolina BS  
UHartford MAE  
Art - 31 years



**Diane Phelon**

Secretary  
5 years



**Dennis Picard**

Rhode Island College BA  
Catholic University MFA  
English - 27 years



**Deborah Pierce**

Bay Path Associates  
Westfield State College BS, MS  
Mathematics - 7 years



**Sandra Plourde**

University of Rhode Island BS  
Secretary  
17 years



**Janice Potter**

CCSU MS  
English  
21 years



**Kimberly Radziewicz**

Bates College BS  
Tufts University MAT  
Biology  
11 years



**Marie Reluga**

St. Joseph College BS, MS  
Penn State  
University of Albuquerque  
Chemistry - 8 years



**Karin Riordan**

Bates College BA  
Elms College MAT  
Spanish  
5 years



**Gloria Roy**

Amherst College BA  
Westfield State College MA  
English  
26 years





**Marge Schmidt**  
Washington University MS  
History  
1 year



**Selina Schumann**  
St. Michael's College BS  
Mathematics  
1 year



**Steven Shultis**  
Westfield State College BA  
Madrid San Luis MA  
Spanish  
3 years



**Lori Silva**  
Salem State College  
Educational Assistant  
7 years



**Barbara Smith**  
Western Connecticut State BS  
Educational Assistant  
9 years



**Susan Smith**  
Wake Forest BA  
Lesley College MS  
Mathematics  
20 years



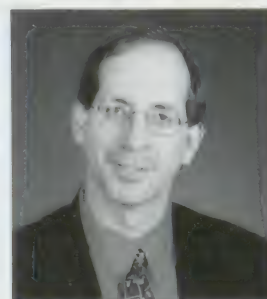
**Robert St. Amand**  
Westfield State College BA  
UMass Amherst MS, CAGS  
Guidance Counselor  
5 years



**Edward Sullivan**  
Westfield State College MS  
Guidance Counselor  
24 years



**Valeria Sullivan**  
Educational Assistant  
17 years



**Richard Therrien**  
Case Western Reserve University BS  
University of Bridgeport MS  
Science - 4 years



**Judy Tower**  
Western New England  
Educational Assistant  
14 years



**Susan Von Neida**  
Hartwick University BA  
Simmons College MS  
Spanish - 34 years



**Louis Wanat**  
CCSU BS, MS  
Technology Education  
33 years



**Anne Willard**  
UConn BS, MS  
Agriscience  
11 years

## Remembering Mrs. Anderson 1947-2003



Although she was only here for a few months, Mrs. Martha Anderson made huge impact on everyone at Suffield High School.


Mrs. Martha Anderson enjoyed the students at Suffield High School and loved working here. She drove an hour and twenty minutes every morning and evening to and from school, arriving before the sun rose and leaving after sunset. She went above and beyond expectations for the job she loved. Mrs. Anderson also had a loving family. She mothered eleven kids: five of her own, five step-children, and one that she and her husband adopted. She was involved in her church where she served as a deacon. She loved art and was a recent cancer survivor. Mrs. Martha Anderson was a strong and admirable person up until her death. She was important to everyone at Suffield High School, and we shall miss her.



**Camera Shy:**  
Dave Nelson  
3 years  
Network Administrator



# LIVING THE LEGACY



The Agriscience Center would like to congratulate  
their members of the Class of 2004:

Maribeth Boyd  
Eric Brefort  
Mark Cecere  
Scott Cohen  
Brent Creighton  
Marissa Giallanza  
Sarah Griffin

Jackie Lewis  
Michele Longi  
Amy Mason  
Amanda Morris  
Tony Myers  
Cassandra Pease  
Mike Phelon

Jeff Sandora  
Kellie Sobinski  
Jesse Soloshun  
Mike Sullivan  
Ryan Wenzel  
Julie Wittenzellner  
Jennifer Wood



Continue to follow  
your dreams with  
the passion that  
you already possess  
and you will always  
be rich with  
knowledge and  
success.



Love, Mom, Dad & Brian



# *Congratulations Joe, & The Class of 2004!*



*May all your adventures be great!  
Love Mom, Dad, Sarah and Ann.*



*Where great adventures begin...*

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*Between Your First Day  
and Graduation...  
You Have Grown into a  
Beautiful, Well Accomplished  
Young Lady! We're Proud!  
Love Always and Good Luck,  
Mom, Ron, Rich, and Jeff*



## GO HOBBS!



**Dear Little Guy,  
Congratulations on a  
great senior year! We  
are so proud of you!  
Keep reaching for your  
star, and good luck in  
Washington!**

**Love Always,  
Mom, Dad, Jennifer,  
Mike, Jimmy, and Duke**

**Congratulations  
Jenn!**



**You did it with  
honors!**

**Love,  
Mom  
and  
Family**











*Congratulations  
Matt!*

*We are so  
proud of  
you!*

*Love,  
Mom, Dad, and Josh*

## Best Wishes Clare!

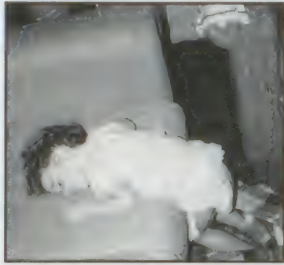


Today, well lived,  
makes yesterday a  
dream of  
happiness and  
every tomorrow  
vision of hope.



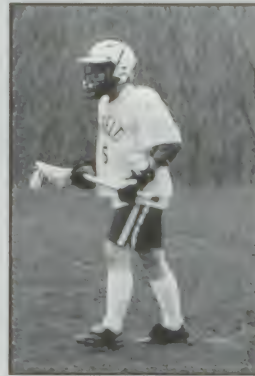
*All our Love,  
Dad, Mom, and Evan*





***Rachael,  
How you've  
matured...it must be  
hard to sleep like  
this now that you  
are 17!  
Thank you for  
making us so proud!***

***Love,  
Mom, Dad, and Babi***



Adam,  
We are very proud of  
the man you have  
become. Remember that  
graduation is just the  
first day of the rest of  
your life and the  
opportunities awaiting  
you are endless  
Love, Mom, Dad, and Andy

Tony,  
We're very proud  
of you. You're the  
cutest and you're  
the best!

Love,  
Mom and Pail  
Grandma and Papa



1989



**Congratulations,**

**Renee!**

**Love,  
Uncle Rob & Aunt Debbie**

## RENEE

From preschool through high school, you've made us proud.



As you follow your dreams,  
Your kindness, intelligence,  
Friendliness and great sense  
Of humor will help you to  
Continue to succeed.

Though we'll miss you very  
Much, we're all excited for you  
As you embark on your next  
Adventure. We love you!

Mom, Dad, Jim, Kevin,  
Meme, Grandma, Grandpa  
And Uncle Bert







Congratulations  
Melissa  
You have always made  
us very proud. We know  
all of your dreams will  
come true.  
Mom, Dad, Jennifer &  
the Grandma's



Congratulations Arnie,  
You're the best!  
With Love,  
Mom and Billy

Ryan,  
Congratulations to you and the  
class of 2004. We are proud to have  
you as our son. We will always  
remember your smile and kindness  
towards others.  
Your work ethic  
and persistence  
will help you  
follow your  
dreams and  
accomplish your  
future goals. You  
will always be in  
our hearts. Never  
forget who you  
are.

We love you!  
Mom, Dad, Joe,  
Evan







"To be nobody-but-yourself  
-- in a world which is doing  
its best night and day, to  
make you everybody else--  
means to fight the hardest  
battle which any human  
being can fight; and never  
stop fighting.  
--E. E. Cummings"

**Congratulations!**  
Best wishes Christina!  
Love, Mom & Dad







**Congratulations  
Brittany!  
We are proud  
of you!**

**Love,  
Mom, Dad, Bobby  
and Barbara**

**Congratulations Amanda!!!!**

*We are so proud of you!*

*Best Wishes for success in all of  
your future plans!*

*Love, Mom and Andy*

*Amanda,*

*We are so  
proud of  
you!*



*May all your  
dreams come true!*

*Love, Mom and Dad*

**CONGRATULATIONS KASSIE...**



**The joy you give to others is the joy that comes  
back to you. Thank you for all the love and joy  
you've brought into our lives.  
Continue to follow your dreams!**

**We love you,  
Mom, Tom, Krishan, & Jaya**





### Leigha.

You have grown into  
A beautiful young  
Lady but you will always be our  
Baby. The years passed quickly.

Your strong will and  
Determination has brought  
You to the next level of life.  
We are proud of your many  
Accomplishments. Good Luck  
At North Carolina State Univ.-  
They are lucky To have you.

We will miss you.

**Love, Mom and Dad**



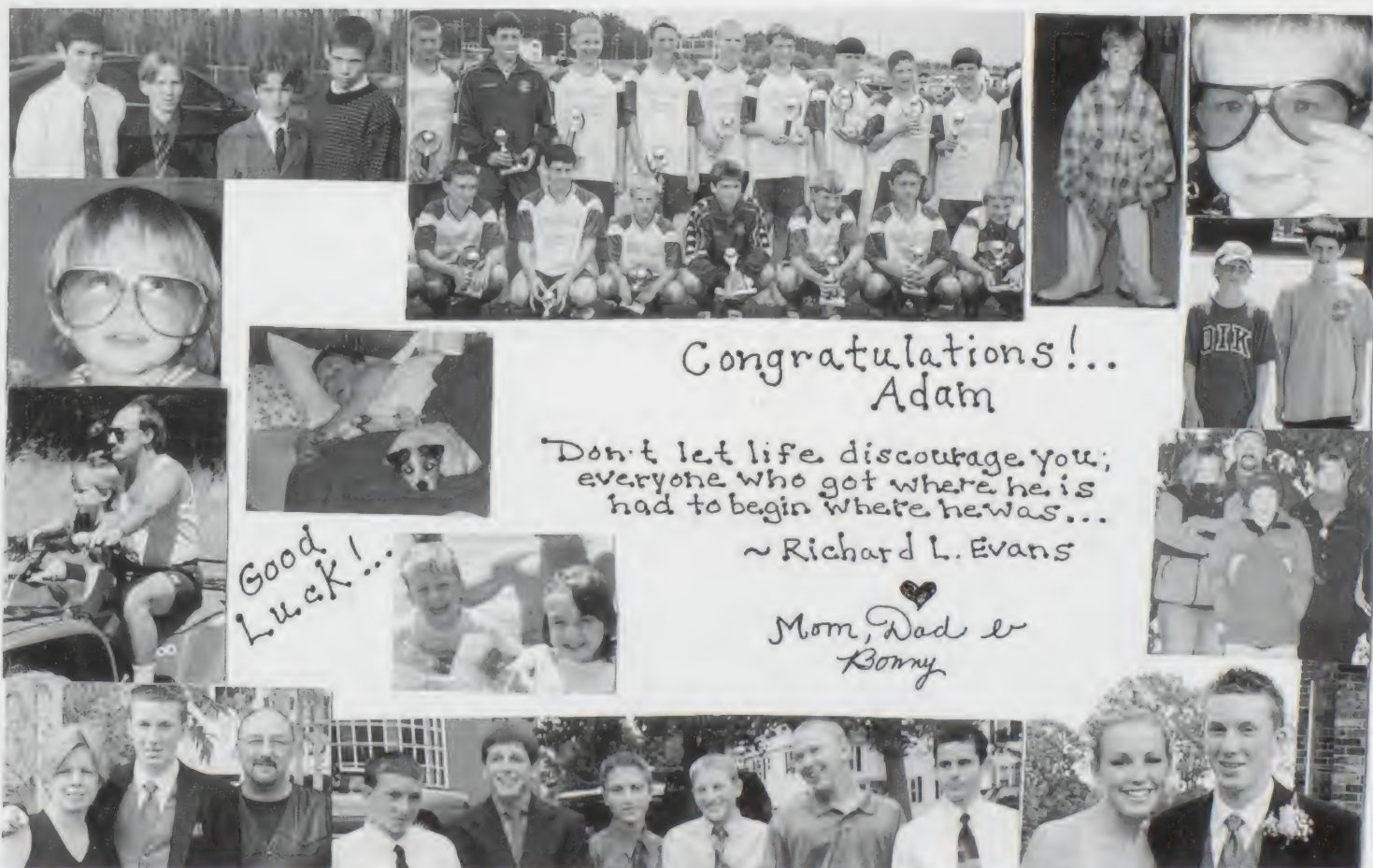


# Congratulations Morgan!



# Prosperity is located within.

We love you,  
Mom, Dad, Shannon and Matt







## Congratulations Kassie

### Way to go!

Keep making fun filled memories and remember...  
 Tinnmouth Pond, Monopoly, 69 Salmon Brook  
 Street, Candyland, Disney (Cinderella did wave at  
 you!), Twister, "Helpyhelperton", swimming,  
 Scottsville Mall, Mulletts, **Randy**, penny candy,  
 tire tubes, coloring, Play-dough, Kick the Can,  
 Festival of lights at Constitution Plaza Hrtfd.,  
 Holiday dinners with Nana's apple pie, Road  
 trips...to the beach, VT Teddy Bear, AGW, Six Flags  
 aka Riverside, LCR, Milfoil (Thank God for Milfoil  
 it brought the Milfoil boys), **Love Shack**, Danby  
 4 Corners, L O V E (Parent Trap), x-rated Chinese  
 Rest. 240 Hungary Rd., the dock, skating, "tip-  
 ups!", wet mittens, warm fires, The Best Diner, Mini  
 Matt & Diabetic Kyle", rowing, Saratoga, Fillorbust,  
 Trick-or-treating, Nichols', going for water, Sound  
 of music, Pretty Pretty Princess, "I go first I win  
 that was fun!", Uno, Hiphiphophiphopanonomous,  
 Danby Market & Jerry, 4th of July fireworks,  
 Delilah, the duck (aka loon), Boat parade, Princess,  
 fishing, candy decorated and wood block BD cakes,  
 The Aines, Wigger-ball, Holly, Ken and Curt!



long walks, talking,  
 arguing, laughing,  
 crying, hugs and kisses.

We love you,  
 Uncle Tom,  
 Aunt Jane,  
 Zach,  
 Jona,  
 Michael and ....



Nana  
 Uncle Bob, Patience  
 Ben, Teddy & Tabor  
 Aunt Joan, Uncle Nick & Dawn  
 Aunt Jean, Uncle Todd & Alex  
 Uncle David, Aunt Sandy  
 Angela, Brandon,  
 Alisha & Sammy  
 Uncle John, Aunt Dodie & Matt  
 Uncle Paul, Aunt Molly  
 Zarek, Nathan, Alexa & Madeline  
 Aunt Jennifer, Uncle Eddy  
 Nick, Andrew & Marisa (Hi Sally)

## Congratulations Michelle!

We are very proud of you. We know you will succeed in making your dreams come true.  
 Love You, Mom, Dad, & Christine



## A.T.W. Transmission

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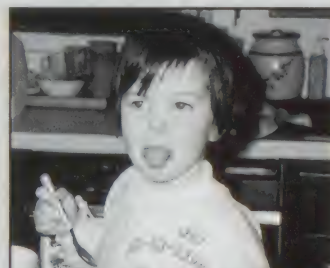
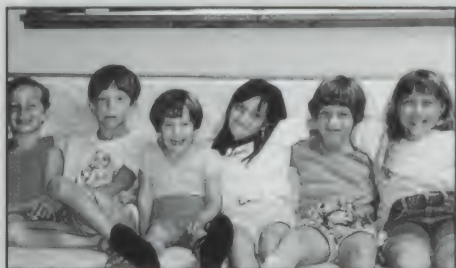




Katie,  
 Congratulations-we couldn't be prouder! Keep  
 dreaming your dream, focus your intention,  
 and take each step to make it real. It's time  
 to make your own dreams come true.

Love,  
 Mom, Dad, Wayne, and Rascal

*Go Beans!*



"Being the best is a larger commitment made up  
 of a series of small efforts. Concentrate on one or  
 two things instead of trying to get everything right.  
 The other things will fall into place."

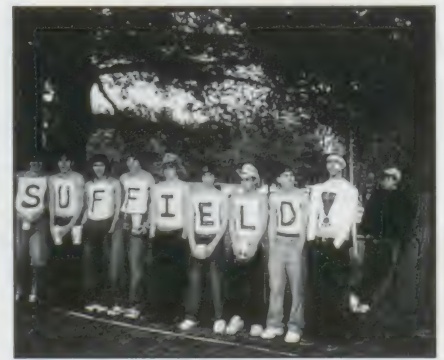
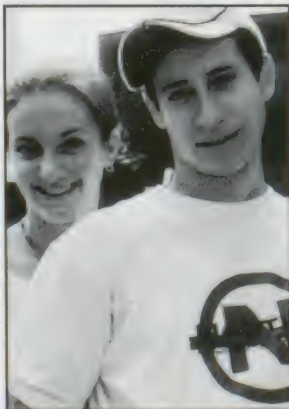
Mia Hamm







Chris,  
 Hold fast your dreams!  
 Within your heart  
 Keep one still, secret spot  
 Where dreams may go  
 And, sheltered so,  
 May thrive and grow.  
 Love You Always,  
 Mom, Dad, Mike, and Tala







**Congratulations Nick!**  
 You are so special in so many ways  
 You are just beginning to discover  
 The world is yours...now go and  
 Make your mark, for you are ours.  
 Stay caring, loving and compassionate as  
 You chase your dreams. Never settle for  
 anything less than your best as that is  
 All that you deserve.  
 We are so proud of you!  
 You did it.

**Love Mom, Dad, Michaela & Barkley**





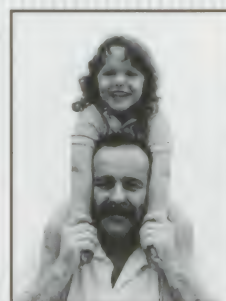
Congratulations  
Kristen and the  
Class of 2004!



We Love You!  
Mom and Clay

Congratulations Caitlin!

You will  
always  
be  
Daddy's  
little girl!



I Love  
You!  
~Dad

**Congratulations Brent!**

We are very proud of  
you. May all of your  
hopes and dreams  
come true.

**Love, Mom & Dad**

Congratulations Michael!

We are  
so proud  
of you!



May all  
your  
wishes and  
dreams  
come true!

Love,  
Mom, Glenn and Jason

Elyant,  
Experience and  
adventure is  
ahead of you.  
Enjoy the long  
run!

Love,  
Mom, Dad,  
Jackie and  
Mike Jr.



Catherine,  
We are very proud of you!  
Keep reaching for your goals. We  
love you.



Love,  
Mom, Dad, Jason and Jennifer





CONGRATULATIONS!

BRIAN,  
WE LOVE YOU AND ARE VERY  
PROUD OF YOU AND YOUR  
ACCOMPLISHMENTS!

LOVE,  
MOM, DAD AND MCDUFF!

Congratulations Joe!



We are so proud  
of you and wish  
you the best!

Love,  
Mom, Dad, Nick, Andrea  
and "Little G"

Congratulations Jackie!

Keep following  
your dream.

Love,  
Mom and Dad



**Jesse-  
Congratulations!-with  
this step your dream  
is that much closer.  
Love,  
Mom, Dad, and  
Andy**



Jessica,  
We never imagined our sweet little girl  
would blossom into such a beautiful  
young woman. We love you and are so  
proud of your accomplishments!  
Love, Mom and Dad



**LEEEEEEE!!!**



Your  
accomplishments  
have made us very  
proud--



We can't wait  
till you achieve  
to the next  
level-- You can  
do it!

Love Mom, Dad, Mindi, & Barklee

**Congratulations Leah!!**



We are very proud of you. We  
know you will achieve all of your  
dreams and wishes.

We love you,

Mom, Dad, Brendan, Kidd,  
Baxter, and Mikee



**Congratulations Elyse-**

We're very proud of you!  
Continue to succeed in the  
future. We love you!

Mom, Dad, Bunnie&kate  
and everyone else in your family

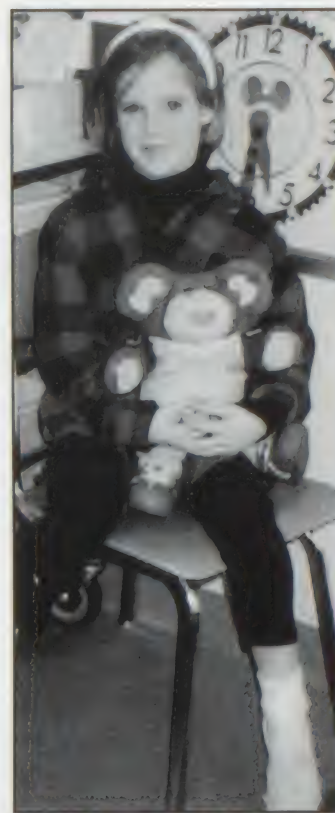




**Kate,**



**We are very proud of you!  
You've come a long way... and  
your whole future is ahead of  
you.**



**Love,  
Mom, and Micheal**



MEGHAN,  
WE'RE VERY PROUD  
OF YOU!  
CONGRATULATIONS  
TO YOU AND  
THE CLASS OF 2004!  
LOVE,  
MOM, STEVE,  
BEN AND ROB



**Michelle,**

**For 17 years you have made  
Dad and I proud of you! That is the  
best gift a child can give to their  
parents.**

**You deserve the best in life!**

**Love,  
Mom, Dad, Valerie and Anthony**



**We are So Proud of  
everything you have  
accomplished!!.**

**MAY ALL YOUR DREAMS COME TRUE!**

**Love,  
Max, Mom, Dad and Buddy!**



Amanda,  
Thank-you for bringing  
so much joy into our  
lives we are very proud  
of you Boo- boo!

Love,  
Mom, Dad, & Tim



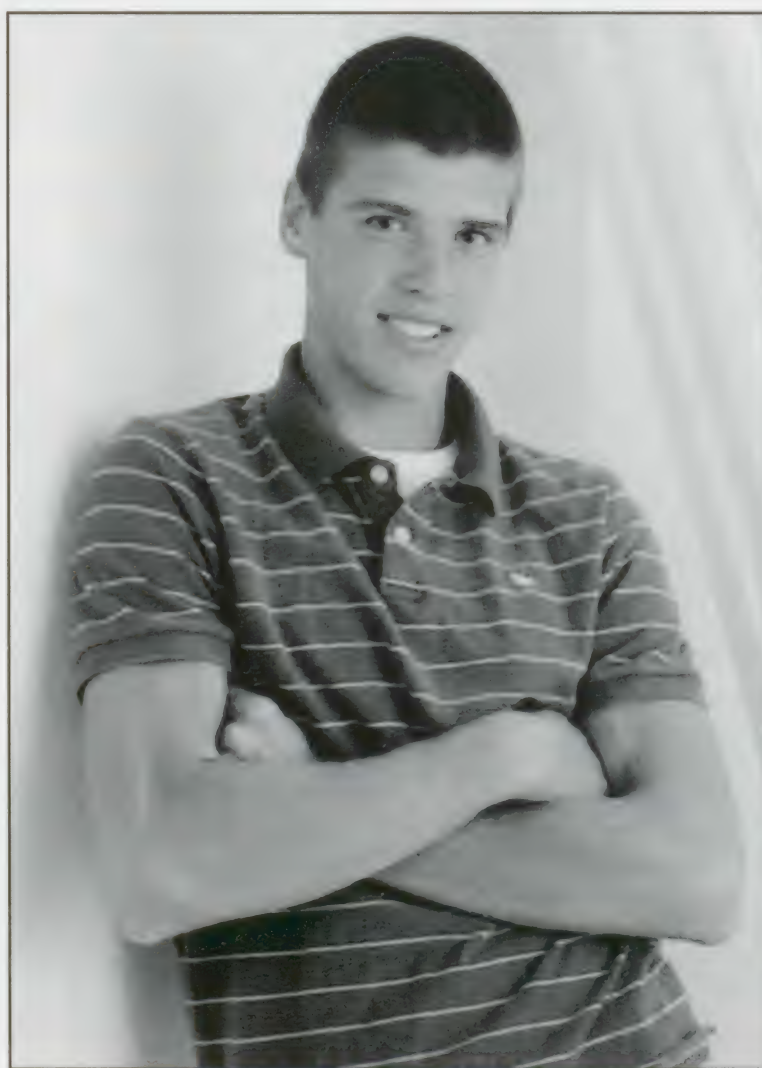


CONGRATULATIONS  
AND  
BEST WISHES  
TO  
COREY  
AND THE CLASS OF 2004

WE'RE SO PROUD OF  
YOU AND ALL THAT  
YOU'VE BECOME.

GOOD LUCK AND  
REMEMBER TO  
ALWAYS KEEP  
MOVING FORWARD.

LOVE ALWAYS,  
DAD, MOM,  
BRITNEY, AND BOBBY





# Congratulations!



Kristi

We are so proud of you! You have proven that you can do anything you set your mind to. "Can't" has never been in your vocabulary - Keep that positive attitude while pursuing all your future goals. We know you will be successful in whatever you do.

We love you so much,  
Mom, Dad, Karah and Sasha



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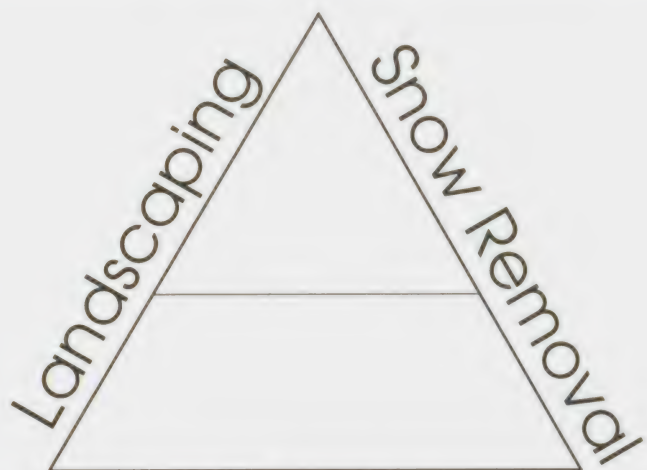


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Vice President

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Walsh and the Class of  
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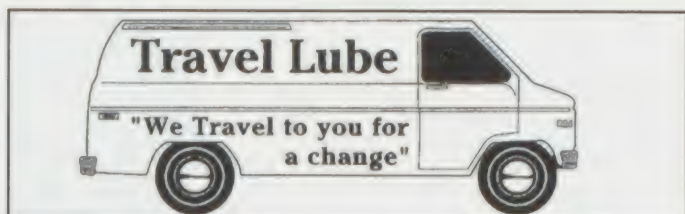
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Fax (860) 668-4785

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*Congratulations  
Jennifer Perbroth and  
The Class of 2004!  
Love, Mom, Dad and  
Jason*



## **Century 21 Alamio & Corrado**

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Class of 2004!**

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## **Total Refridgeration**

wants to congratulate Leigha Hancock  
and her friends Lisa, Amanda, Kyrie,  
Kristen, Brittany, Danielle, and  
Christina.

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**Congratulations  
Leigha Hancock!**  
Good luck at NC State,  
we will miss you!



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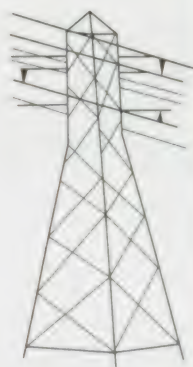
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**of Suffield**  
**wanted to**  
**congratulate**  
**the Class of**  
**2004!**



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Dr. Ronald M. Tisher

Dr. Christopher L. Agro

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**Class of 2004**



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**Craig Tini DDS**

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**Congratulations**  
**to Ben Denno**  
**and the Class**  
**of 2004!**

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*133 Mountain Road*  
*Suffield, CT 06078*  
*(860)668-7303*

*Congratulations and*  
*all best wishes to*  
*the Class of 2004*  
*for a healthy, happy*  
*and successful*  
*future.*





***F. E. B.  
Landscaping and  
Construction, LLC***



***Congratulations  
to the Class of  
2004!***



# Doane's Accent Auto Inc.

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Good Luck!

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Congratulations to the Class  
of 2003

PIZZA CALZONES GRINDERS SALADS  
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Best Wishes!

CONGRATULATIONS

RENEE & GREG

AND THE S.H.S. CLASS OF '04



HILLSIDE FARM  
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*Certified Public Accountants*

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**Congratulations  
Patrick and Eddie!**

**Best of  
luck in the  
future!**

**Love,  
From All**

**Tri-State Diesel  
wants to Congratulate  
the Class of 2004!**



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Congratulations Matt!

We're proud of you.....

Love,

Mom, Dad, Justin, and Grampy.



# Top Notch Pool

**Congratulation and  
Best Wishes RENEE  
and the Class of  
2004!**



CONGRATULATIONS

70

MATT GALLO

&

THE CLASS OF 2004

*Integra Systems, Inc.*

157 Mountian Road, Suffield, CT 06078 860/668/2444



# Congratulations Sarah!



**May your future be filled with as  
much joy as you have brought us  
over the years.**

**Love**

**Mom, Dad, Sheri, Paul, Jonathan  
and Lisa**

**Best Wishes to the Class of 2004**



**Jamie we are so proud of you and your accomplishments.**

**Never stop climbing that mountain,**

**Keep setting your goals high,**

**Never forget the view from the top,**

**But always remember the journey from the bottom,**

**Go out and put your mark on the world!**

**All Our Love,**

**Mom, Dad, Carly, Kristi**



**Windy Acre Farm**

Ted A. Nelson  
Phone (203) 868-1579

1241 Haleday Avenue  
Suffield, CT 06076







Dave,  
Continue to learn  
and reach for the  
stars!  
Love,  
Your Family

Kellie,  
It seems like only yesterday that  
you were graduating nursery  
school. But look at you now,  
graduating High School and  
beginning a new chapter in your  
life! Always remember to Aim  
High, Go for your Dreams, But  
Most Importantly Be Yourself,  
Smile, and Enjoy Life!  
Congratulations & Best wishes!



Love Always,  
Dad, Mom, Aimee, and of course Noel & Sabra

**Congratulations  
Jeff!**



The best thing  
about the future is  
that it comes only  
one day at a time!  
It's your next move!  
Love, Dad








# We preserve your high school memories.

  
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# Class of



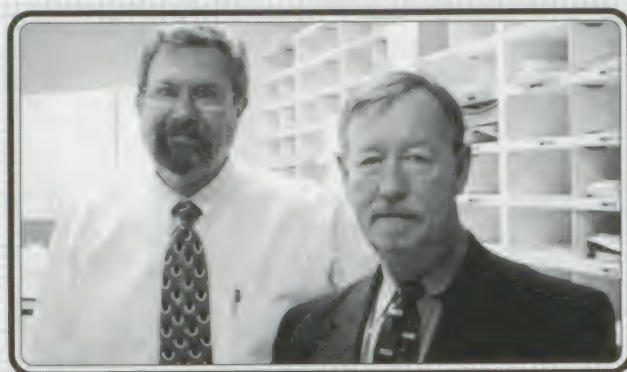


# 2004





# We Will Miss You!

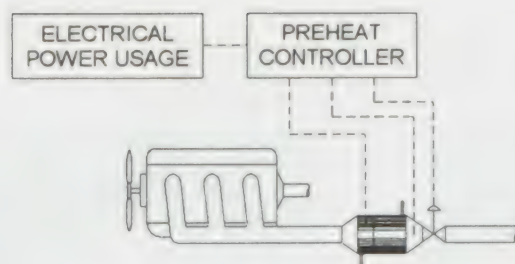


Congratulations  
Class of 2004!  
Mr. Jones and Mr. Garvey

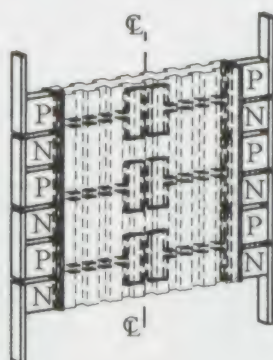
## **Autographs**

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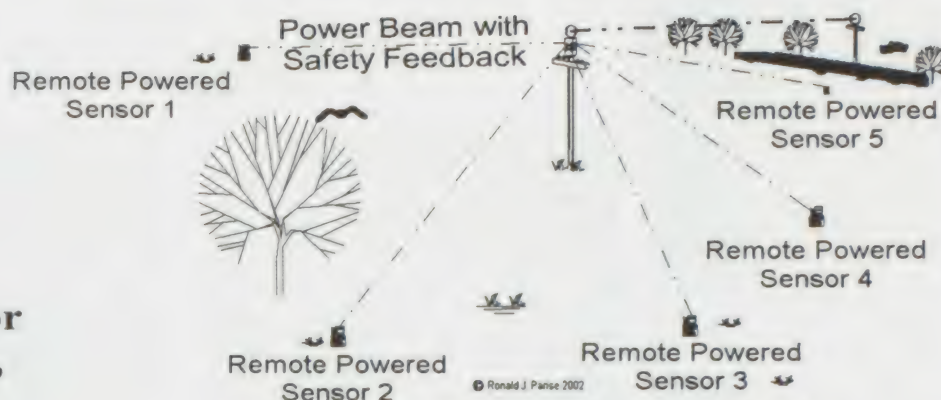




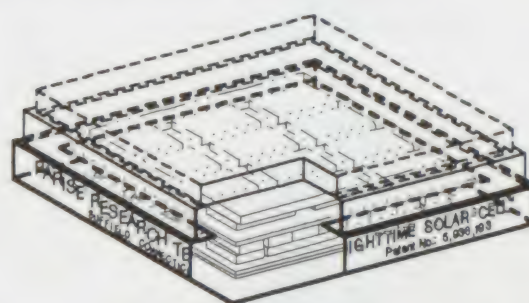
**Catalytic Power Generator**  
**Increase Auto Efficiency,**  
**Less Fuel and Waste**  
 Patent Pending and  
 US Patent No. 5,968,456



**Fuel Cell and Battery Internal Cooler**  
**Higher Efficiency, Longer Life,**  
**Increased Reliability and Performance**  
 Patent Pending and US Pat. Nos.  
 5,871,859, 6,057,050 and 6,653,002



**Wireless Communication Today**  
**Wireless Power Transmission Tomorrow**  
 Patent Pending and US Pat. Nos.  
 5,982,139 and 6,114,834



**The Nighttime Solar Cell™**  
**Free Energy at Night**  
**from Deep Space**  
 Patent Pending and US Pat. Nos.  
 5,936,193 and 6,162,985

**CONGRATULATIONS**  
**CLASS OF "AUGHT 4"!**

**PARISE RESEARCH TECHNOLOGIES**

**Fundamental Research and**  
**Creative, Innovative Design**  
**for Energy Utilization**

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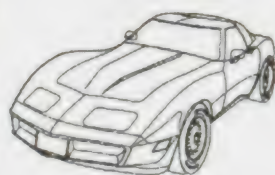
# In Memory of Joey. . .



## Corvettes and New York Yankees



*Dirty Work*



*Blues Brothers 2000*

**Some of Joey's witticisms circa age eleven: (Gleaned from the computer Joey used at home)**

- An onion a day keeps everyone away.
- Honey attracts more flies then vinegar. Horse droppings attracts more than Honey and vinegar put together.
- A can of beans a day melts your smell buds away.

**And of course, always sports:**

- To be or not to be it's how you play the game.
- Four score and seven points ago (that's eighty-seven runs if you have a scoreboard) our coaches set foot on this field and told us to kick butt.

**Forever**

*"Heaven is a more perfect place now."*

**Fourteen. . .**

**Love, Mom and Dad**

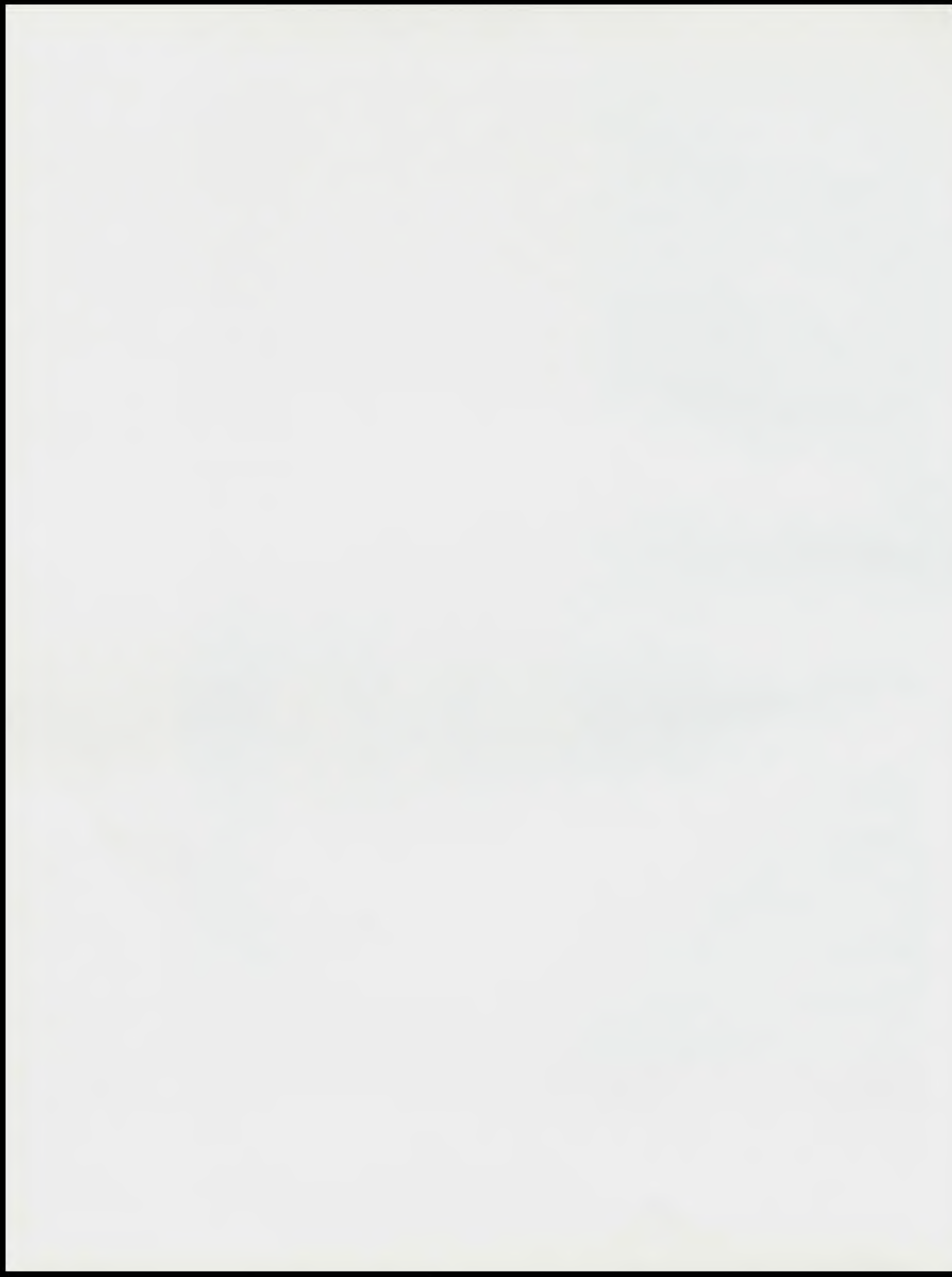
**Katie, Tommy, Robbie**

















*A Picture is  
Worth...*

20





... *Words*



